



COMMUNITY CENTER UPCOMING EVENTS

Sponsored by
the Friendship Heights Village Council



Twin Springs Produce Market—Located on the Village Center front portico
Saturdays through Dec., from 9 a.m. to 1 p.m.

"Art in August" features 21 local artists: Works include ceramics,
paintings, mixed-media and photography

Exhibit runs from Aug. 3 to Oct. 3

Art Reception: Sun., Aug. 9, from 11:30 a.m. to 1:30 p.m.

Capital Improvements Committee meeting.—Tues., Aug. 4, at 5:30 p.m.

Café Muse will feature poets **Leslie McGrath** and **Lisa Sewell**
with classical guitar by **Michael Davis**—Mon., Aug. 3 at 7 p.m.

Movie—*The SpongeBob Movie: Sponge Out of Water*—Thurs., Aug. 6, at 7 p.m.

Suburban Lecture: Dr. A. Jay Khanna will describe innovative
treatments for spinal stenosis—Wed., Aug. 12, at 1 p.m.

Communications Committee meeting.—Wed., Aug. 12, at 7 p.m.

Movie—*Danny Collins*—Thurs., Aug. 13, at 7 p.m.

The Village Book Club: *Boys in the Boat* by Daniel James Brown
Tues., Aug. 16, at 11 a.m. (meets monthly)

Movie—*Big Hero 6*—Thurs., Aug. 20, at 7 p.m.

MVA Mobile Office (on Friendship Blvd.)—Mon., Aug. 24, from 10 a.m. to 2 p.m.

Children's Splash Party In Willoughby Park—Wed., Aug. 26, from 10 a.m. to noon

Movie—*Selma*—Thurs., Aug. 27, at 7 p.m.

New Resident Meet and Greet with Council and Staff—Sat., Aug. 29, from 10 a.m. to noon

UPCOMING EVENTS

Abigail Wurf will discuss her book, *Forget Perfect: How to Succeed in Your Profession and Personal Life Even if You Have ADHD*—Thurs., Sept. 10, at 7:30 p.m. (Please call to register).

No Council Meeting in August. Next meeting scheduled for **Mon., Sept. 15, at 7:30 p.m.**

Dr. Erick Hosaka will speak on the importance of maintaining oral health and how it can affect one's overall wellbeing—Please sign up if you plan to attend.

Wed., Sept. 16, at 1 p.m.

Tea and Talk: Carol Bessette will speak on **Myths of Washington**
Fri., Sept. 18, at 2 p.m. (Please call to register).

Flu Shots administered by MedStar Health Visiting Nurses

Wed., Sept. 30, from 1 to 4 p.m. Registration a must—call 301-656-2797 to register.

You must have an appointment to receive a shot. Check the newsletter for details on costs, etc.