



Health Care Services for residents in Friendship Heights Village

Developed by the Friendship Heights Village Council
in cooperation with Suburban Hospital

Nurse Specialist

A Nurse Specialist from Suburban Hospital is at the Village Center from 3 to 5:00 p.m. every Tuesday. Residents may call to make an appointment or drop in to see her. She is trained to independently consult with patients on medical concerns. She can help answer questions about medications or physician's instructions, and help serve as a first step before one pursues additional help. Call Suburban at 301-896-6500, or the Center at 301-656-2797, if you would like an appointment, or just walk in on Tuesday between 3 and 5:00 p.m. **There is no charge for this service.**

Education and Wellness

Blood pressure screenings are held at the Village Center at no charge every Tuesday, from 1 to 2:45 p.m., on a first-come, first-served basis. These screenings are part of the ongoing educational and preventive health services provided at the Village Center. Read the latest issue of The Village News for information about upcoming health services.