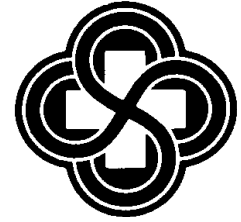




Health Care Services for residents in Friendship Heights Village



Developed by the Friendship Heights Village Council
in cooperation with Suburban Hospital

Nurse Specialist

A Nurse Specialist from Suburban Hospital is at the Village Center from 3 to 5:00 p.m. every Tuesday. Residents may call to make an appointment or drop in to see her. She is trained to independently consult with patients on medical concerns. She can help answer questions about medications or physician's instructions, and help serve as a first step before one pursues additional help. Call Suburban at 301-896-6500, or the Center at 301-656-2797, if you would like an appointment, or just walk in on Tuesday between 3 and 5:00 p.m. **There is no charge for this service.**

Education and Wellness

Blood pressure screenings are held at the Village Center at no charge every Tuesday, from 1 to 2:45 p.m., on a first-come, first-served basis. These screenings are part of the ongoing educational and preventive health services provided at the Village Center. Read the latest issue of The Village News for information about upcoming health services.

Case Management

A Suburban Hospital nurse and/or a social worker will be available to come to your home to evaluate and determine home care needs and resources. If you or someone you know is struggling to maintain an independent living situation, or if you are caring for someone who is chronically ill, you could benefit from the help and advice of the Case Management team. The team can provide advice about available services such as Meals-on-Wheels, homemaker services, visits from companions, and transportation set-ups. For more information, call 301-896-6508. **There is no charge for this service, but services paid for by the Village Council may be limited.**