

Friendship Heights Village Center



Calendar of Events 2004

M A Y						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 9:30 a.m.: Depart for Sheep Festival 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m.: Yoga	3 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Book Signing with Ann Gerhart, author of "The Perfect Wife"	4 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6 p.m.: Dance N' Tone 7 p.m.: Mat Pilates	5 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7:30 p.m.: Concert: Silver Strings	6 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Still Life Painting 1 p.m.: Estate Planning 6 p.m.: Dance N' Tone 6:30 p.m.: Scrabble 7:15 p.m.: Movie: Intolerable Cruelty	7 10:30 a.m.: Coffee and Current Events	1 8:15 a.m.: Walking Club 9:15 a.m.: YMCA Yoga 9 a.m. – 1 p.m.: Twin Springs 1 – 5 p.m.: Blind Faith
9 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m.: Yoga	10 9:15 a.m.: Fit-4-Ever 9:15 a.m.: Depart for Library of Congress 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING	11 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6 p.m.: Dance N' Tone 6:30 p.m.: Introduction to Pastel 7 p.m.: Mat Pilates	12 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban Lecture: New Scanning Tools 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Ryoko Tajika Drei	13 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m. – 3 p.m.: AARP Driver Safety Program 10 a.m.: Still Life Painting 1 p.m.: Chinese Brush 6 p.m.: Dance N' Tone 6:30 p.m.: Scrabble 7:15 p.m.: Movie: Something's Gotta Give	14 10:30 a.m.: Coffee and Current Events 10 a.m.: "Ready, Set, Sing" 10 a.m. – 3 p.m.: AARP Driver Safety Program 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Concert with Louise Kupelian	15 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:15 a.m.: YMCA Yoga 12:30 p.m.: Scales and Tales 1 – 5 p.m.: Blind Faith School
16 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	17 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	18 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6 p.m.: Dance N' Tone 6:30 p.m.: Introduction to Pastel 7 p.m.: Mat Pilates	19 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7:30 p.m.: Concert: The Kinor Dancers	20 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Still Life Painting 1 p.m.: Chinese Brush 6:30 p.m.: Scrabble 6 p.m.: Dance N' Tone 7:30 p.m.: Café Muse	21 9 a.m. – 12 p.m.: Stroke Awareness Day 10:30 a.m.: Coffee and Current Events	22 8:15 a.m.: Walking Club 9 a.m.: Depart for Philadelphia 9 a.m. – 1 p.m.: Twin Springs 9:15 a.m.: YMCA Yoga 12 p.m.: Landon Symphonette 1 – 5 p.m.: Blind Faith School
23 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m.: Yoga	24 9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Book Signing with Steve Coll	25 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1–2:45 p.m.: Blood Pressure 2 p.m.: RSVP Knitters 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 5:30 p.m.: Depart for Orioles game 6 p.m.: Dance N' Tone 6:30 p.m.: Pastel 7 p.m.: Mat Pilates	26 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Seager and Sison	27 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Still Life Painting 1 p.m.: Chinese Brush 6 p.m.: Dance N' Tone 6:30 p.m.: Scrabble 7:30 p.m.: An Evening with Maureen Dowd	28 10:30 a.m.: Coffee and Current Events	29 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9:15 a.m.: YMCA Yoga
30 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	31 Memorial Day Center Open 9 a.m. to 2 p.m. 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi	Produce market returns to the village Twin Springs Fruit Farm will set up its sidewalk market for the summer on Saturday, May 1, from 9 a.m. to 1 p.m. It will be a welcome fixture every Saturday on the Friendship Blvd. side of Hubert Humphrey Park until mid-November. During May, the farmers expect to have their own greenhouse tomatoes, arugula, cucumbers, basil, peppers, and garlic. In addition, they will be featuring fresh asparagus, spinach, radishes, spring onions, lettuce, and other locally grown veggies. Also available in May are North Carolina strawberries, baked goods, jams and jellies, apples, and eggs. See you at market!				

Shuttle bus hours
 (Now going to Westwood Giant)
 Monday through Friday 6:40 a.m. to 9:40 p.m.
 Saturday and Sunday 8 a.m. to 7 p.m.



Village Center Hours
 Monday through Thursday 9 a.m. to 9 p.m.
 Friday 9 a.m. to 5 p.m.
 Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND PROGRAM

This month's Special Lunch, will be held on **Friday, May 14, at 12:15 p.m.** Lunch will be Sweet and Sour Chicken with lo mein noodles, Asian vegetables, and homemade lemon pie for dessert. The cost is \$6, which must be paid when your reservation is made. Please reserve your seat by Wednesday, May 12.

After lunch, please stay to enjoy a special piano concert performed by Louise Kupelian at **1 p.m.** Ms. Kupelian has been a performing artist member of the Friday Morning Music Club and the Arts Club of Washington for many years.