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NOT FOR COLOR



Friendship Heights



VILLAGE NEWS

MARCH 2006

301-656-2797

VOLUME 20, NO. 10



The Barter, Biltmore and Blue Ridge

Join us as we visit the Blue Ridge Mountains, the land of the Vanderbilts, and a very special vineyard during our springtime excursion south **Thursday, May 4 through Sunday, May 7.**

Our four-day, three-night, long weekend features the best the Blue Ridge has to offer— history, theater, grand hotels, a visit to one of “America’s Castles,” folk and fine art, local vineyards, and spectacular mountain views.

Our trip begins with a guided tour of the Woodrow Wilson Museum and birthplace in historic Staunton, Va.

continued on page 3

MD Attorney General to speak at Center

Maryland’s Attorney General, J. Joseph Curran, Jr., will speak at the Village Center on a variety of topics on **Monday, March 27, at 7:30 p.m.**

Attorney General Curran is serving his fifth term as the chief legal officer of the State. He began his career in public service in 1958 when he was elected to the House of Delegates while still a law student. In 1962, he was elected to the State Senate, where he served for 16 years. Prior to being elected as Attorney General, he served four years as Maryland’s Lieutenant Governor during the administration of Governor Harry Hughes.

His special interests have included safety of children, reducing teen tobacco use, prescription drug pricing, and, gun violence. Attorney General Curran has also been a national leader in consumer protection, criminal investigations, Medicaid fraud prosecution, securities regulation, and antitrust enforcement.

Please sign up in advance by calling 301-656-2797.

A Celebration of Cezanne

Join us for a trip to the National Gallery of Art to view the *Cézanne in Provence* exhibit on **Wednesday, March 22.**

Widely known as the father of modern art, Paul Cézanne (1836–1906) created some of the most powerful and innovative paintings of the late 19th and early 20th centuries. More than 100 of his greatest oil paintings and watercolors are on view in this exhibit, which marks a century since the artist’s death and focuses on the works painted in and around his native Aix-en-Provence.

We will begin our visit with lunch (on your own) at the Gallery. In honor of the exhibition, the Garden Café has been transformed into a French-style bistro, offering an à la carte menu and buffet specially created by a chef from Provence. Lunch is also available in the Cascade Café.

Afterwards, we will attend a talk and slide overview of the exhibit, given by a gallery staff member before viewing the paintings. Docent-led tours are not available; it is possible that there will be a wait to view the works. However, we will be visiting during the least busy part of the day when crowds are expected to be lighter. You may want to save time to take a peek at the Dada exhibit in the

continued on page 4

Send One Suit... see page 4

CHILDREN'S PROGRAMS

Saturday storytime prepares for Spring

Toddlers and grade-school children are invited to another Saturday Storytime with local actress and singer Barbara Papendorp. On **Saturday, March 18, from 10:30 to 11:30 a.m.**, Barbara will be at the Village Center to tell the story of *Bear Wants More*.



In this follow-up to *Bear Snore On*, it is spring, Bear is awake, and he is hungry. Several of his animal friends take him to places where he can get food, "But the bear wants more!" Finally, he heads home, where others have organized a party for him, but he has eaten so much that he gets stuck in his own doorway. After being pried out, he eats more and falls asleep, but now "his friends want more!"

Following the story, we'll do a Springtime craft to take home.

Children must be accompanied by a parent or adult.

There is no charge for this event, but advance reservations are required. Reservations may be made by calling 301-656-2797 before Thursday, March 9.

Service Learning (SKIP) at the Center

On Wednesday, April 5, the afternoon kindergarten class from Somerset Elementary School will come to the Village Center for a Springtime Service Learning Project from 1 to 2 p.m.

Service Learning is a program that teams kindergarten children with local senior citizens, both children and senior citizens have the opportunity to learn from and enjoy each others' company.

Anyone interested in being a SKIP volunteer is asked to call the Village Center at 301 656-2797. Volunteers may attend any or all of the sessions.



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the April issue is March 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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ON the GO...

Asheville, continued from page 1

The museum features items from the 28th President's life—from his Princeton years to his Great War peace efforts. His birthplace, a Greek Revival building, constructed in 1846 by a Presbyterian congregation as a manse for its ministers, contains Wilson's crib and other family items. Following our guided tour, we'll enjoy lunch at The Dining Room restaurant in Staunton.

Then we're off to Abingdon. With its historic homes and quaint main street, Abingdon is considered one of Virginia's best small towns. It is also the home of the Barter Theater, whose alumni include Hume Cronyn, Patricia Neal, and Ernest Borgnine.

Upon arrival, we'll check into the elegant Martha Washington Inn, a AAA four-diamond property in Abingdon's historic district. Dinner that evening will be at the inn. Our menu includes a salad, choice of salmon or chicken en croute, dessert, and iced tea, and coffee or tea. Following dinner, we'll cross the street to the Barter Theater for a 7:45 performance of the two-man comedy *Greater Tuna* or the musical-drama *Man of Constant Sorrow*. Please indicate which performance you would like to attend. The next morning, after breakfast at the Martha Washington, we'll take a guided driving tour of Abingdon. Then, we'll visit the William King Regional Arts Center, an affiliate of the Virginia Museum of Fine Arts. Among the exhibits at the WKRAC are decorative and folk art of Appalachia in the early 20th century and many works from the State Capitol.

After our tour, you'll have time to explore the shops, sights, and restaurants along Abingdon's main street.

Then we're off to Asheville to the glorious Grove Park Inn. Nestled in the Blue Ridge Mountains of North Carolina, this grand mountain resort features Old World charm, spectacular views and a world-class spa.

That evening, we'll travel to downtown Asheville with our local guide to view the newly restored Grove Arcade, an elaborate indoor market, built in the late 1920s by E.W. Grove, the creator of the Grove Park Inn. We'll then enjoy an art talk and wine and cheese reception in the studio and gallery of painter-sculptor Vadim Bora. A four-course dinner, featuring wines from local vineyards, follows.

We'll return to the Grove Park Inn and in the morning meet for breakfast in the Blue Ridge Dining Room. Then we're off to Biltmore Estate. The largest private home in the U.S., Biltmore Estate was built in the 1880s by George Vanderbilt to replicate the great estates of the Loire Valley in France. The house includes an indoor pool, bowling alley and 255 rooms. Its spectacular grounds were designed by Frederick Law Olmsted. Following our visit to the house, you'll have time to visit shops and restaurants on the estate. Lunch is on your own.

In the afternoon, we'll return to the Grove Park Inn where you'll have the evening to spend at your leisure and enjoy dinner on your own. On Sunday morning, we'll gather for breakfast in the Blue Ridge Dining Room before departing for home.

On our way out of Asheville, we'll stop by the Folk Art Center, which showcases the finest traditional and contemporary crafts of the Southern Appalachians. It's a great place to pick up a last-minute gift or souvenir!

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The Kennedy Center goes Country

Join us as legendary stars of country music come together to highlight the many roots of this uniquely American sound during "Country: A Celebration of America's Music" in the Concert Hall of the John F. Kennedy Center for the Performing Arts on **Friday, March 31**.

The concert will include performances by Country Music Hall of Fame members Loretta Lynn, Kris Kristofferson, and Ray Price. Vince Gill, Naomi and Wynonna Judd will also perform.

The concert is part of the Kennedy Center's salute to Country Music in March and April. We will depart from the Village Center at 5:30 p.m. and should return by 10:45 p.m. You will have time to get dinner (on your own) in the KC Café, prior to the show. The cost of the trip is \$68, and includes ticket, transportation and driver gratuity. Sign-ups begin immediately at the Village Center. There are 24 spaces available.

Why not donate that suit?

Friendship Heights Village residents are asked to bring a gently used woman's Spring or Summer suit to the Village Center on *Thursday, March 2, between the hours of 3 and 8 p.m.* as the Village Council takes part in "Dress for Success: Send One Suit" program.

Dress for Success is a not-for-profit organization that offers services to help low-income women enter the workforce and stay employed. Each Dress for Success client receives one suit when she has a job interview and a week's worth of separates when she gets the job.

The suits should be clean, appropriate for interviews; coordinated, contemporary skirt and pant suits, blazers and jackets. Also accepted are contemporary blouses that coordinate with suits. Larger-size suits, sizes 16 and above, are particularly needed.

Please limit your donation to one suit. Galaxie Cleaners has offered to dry clean up to 20 suits, therefore we can collect only 20 suits.

For more information, call the Village Center at 301-656-2797.

Cezanne, continued from page 1

East Wing. We will leave the Village Center at 12:30 and should return before 5:30 p.m. The cost for transportation is \$24. Residents and one guest may sign up immediately; nonresidents may sign up beginning March 8. There are 24 spaces available.

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GW University Mammovan to visit Friendship Heights

The GW University Mammovan will conduct breast health screenings in its mobile unit in Friendship Heights on Friday, March 3.

The Mammovan is a self-contained mobile unit that offers one-stop screening in a comfortable, convenient environment. The mammogram takes about 20 minutes; results will be issued within a few weeks.

Women age 35 and over, who have not had a mammogram in the past 12 month, do not have breast pain or a lump, do not have breast implants and have not been treated for breast cancer are eligible.

Free mammograms are available to women who meet the financial eligibility requirements. Call 202-741-3252 to make an appointment.

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6:30 p.m. to 8:30 p.m.

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Reservations are Required by

March 24, 2006

For Reservations

**Please Call
301-657-5555**

PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

Thursday, March 2, 7:30 p.m. — Booksigning with James Reston Jr.

Thursday, March 9, 7:00 p.m. — Crash — Issues of race and gender cause a group of strangers in Los Angeles to physically and emotionally collide in this drama from director and screenwriter Paul Haggis. Stars Don Cheadle, Jennifer Esposito, Sandra Bullock and Brendan Fraser. Rated R. Running Time: 122 minutes.

Thursday, March 16, 7:00 p.m., — Café Muse. See page 13 for details.

Thursday, March 23, 7:00 p.m., — Life Begins after 40 at the movies.

Thursday, March 30, 7:00 p.m. — The Constant Gardener. A man discovers a deadly secret when he tries to find out who killed the woman he loves in this suspense drama based on a novel by

John Le Carre. Justin Quale is a low-level British diplomat who has been given a new assignment in Kenya. Justin's wife, Tessa, is an activist with a keen interest in issues of poverty and social justice. When Tessa is found dead, officials believe she was murdered by the doctor with whom they suspect she was having an affair. However, before long Justin becomes convinced that there was a larger scheme that led to Tessa's death. Rated R. Running Time: 129 minutes.

Life begins at 40 at the movies

Ana C. Gardano, Life Transitions consultant/coach, will discuss life's transitions after age 40 using the movie *Calendar Girls* on Thursday, March 23, at 7 p.m.

Based on a true story, the movie expands the creative and provocative energy of a group of women in Yorkshire, England, determined to have a fundraising campaign for a hospital. In the process, they discover new talents and competencies, inspire each other and thus maximize their network of friendships. Dr. Gardano has conducted many groups and workshops for more than 20 years with people of all ages to address adjustments that people commonly face when they make the transition into a new job or other situation. The focus of this discussion will be on transitions after 40, when people typically "retire."

Asheville, continued from page 3

En route home, we'll enjoy a luncheon in the beautiful Virginia countryside at Chateau Morrisette, a vineyard that produces two of the state's most popular wines. We'll make a brief stop for a fast-food dinner, on your own.

We'll depart from the Village Center at 7:30 a.m. on Thursday, and should return by 9:30 Sunday evening.

Please note that there is one flight of stairs leading to the second floor of the birthplace of Woodrow Wilson, and one flight of stairs leading to the artist's gallery in downtown Asheville.

continued on page 13

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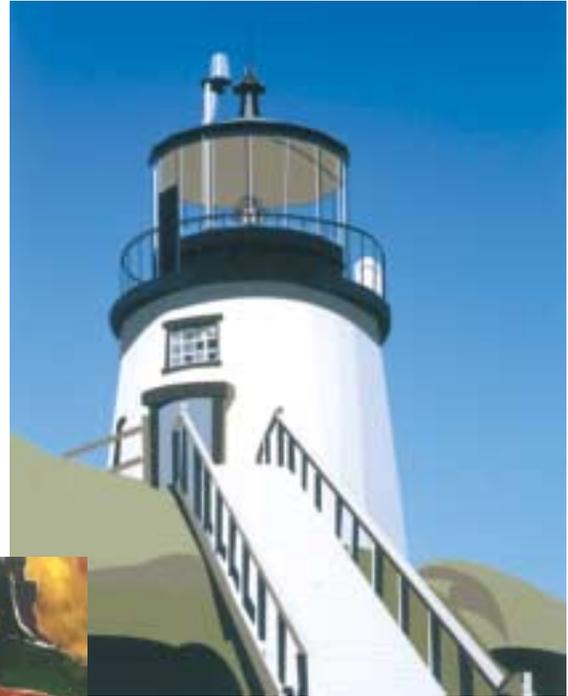
'New Works' by Senior Artists Alliance on exhibit in Friendship Gallery

Senior Artists Alliance, a nonprofit organization dedicated to promoting artists 60 years old and older, will exhibit in the Friendship Gallery during the month of March.

The Alliance was founded to give senior artists opportunities to exhibit their work professionally, provide a forum for artists to exchange information and experiences, develop opportunities for marketing, and provide educational meetings and special interest groups.

The show runs from March 2 to March 31. All are invited to meet the artists at a reception on **Sunday, March 12, from 11:30 a.m. to 1:30 p.m.**

Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.



Cutline: "Butterfly" by Estelle Dawn Zorman and "Owl's head Light" by Marianne Giguere

Mencken biographer to speak at the Center

H. L. Mencken, writer, satirist and social critic, is considered by many to have been the 20th century's greatest newspaper journalist.

Mencken: The American Iconoclast by Marion Rodgers has been described as the best and most definitive biography of Mencken to date and was named one of the best books of 2005. Ms. Rodgers will discuss her book at the Village Center on **Monday, March 20, at 7:30 p.m.**

While still a college student, Ms. Rodgers came upon a box of love letters between

Mencken and Sara Haardt. Thus began a fascination with the "Baron of Baltimore." Drawing on research in more than 60 archives including private collections in the United States and in Germany, previously unseen, on exclusive interviews with Mencken's friends, and on FBI files, the author gives a complete and realistic picture of Mencken.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for sale.

Friendship Heights Village Center



Calendar of Events 2006

M A R C H

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Don't miss the chance to hear these authors:

Thursday, March 2 : James Reston Jr.:
Dogs of God: Columbus, the Inquisition, and the Defeat of the Moors and Fragile Innocence

Thursday, March 6 : Nancy Arbuthot and Cathy Abramson: *Wild Washington*

<p>5</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>6</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Wild Washington</p>	<p>7</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Conversational Spanish 1 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist</p>	<p>1</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture Painting 2 p.m.: Food for Life: Immune-Boosting Foods 7:30 p.m.: Concert: Ericka Ovette</p>	<p>2</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. - 4 p.m.: Village Playtime 3 to 8 p.m.: Send One Suit 6:30 p.m.: Scrabble 7:30 p.m.: Book Signing with James Reston, Jr.</p>	<p>3</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance</p>	<p>4</p> <p>8:15 a.m.: Walking Club 10 a.m.: Yoga for Depression</p>
<p>12</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</p>	<p>13</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</p>	<p>14</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Conversational Spanish 1 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>8</p> <p>7:30 a.m.: Depart for Philadelphia 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban Lecture: 1 p.m.: Health Insurance 1 p.m.: Portraiture Painting 2 p.m.: Food for Life 7:30 p.m.: Concert: Ellouise Schoettler</p>	<p>9</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Financial Seminar 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. - 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: Crash</p>	<p>10</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance 7:15 p.m.: Depart for Austrian Embassy</p>	<p>11</p> <p>8:15 a.m.: Walking Club</p>
<p>19</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>20</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Mencken: The American Iconoclast Book Signing with Marion Rodgers</p>	<p>21</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>15</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1:30 p.m.: Evolving vs. Aging 7:30 p.m.: Concert: Irish Music with Jack Stanton</p>	<p>16</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. - 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 6:30 p.m.: Vision Transitions 7 p.m.: Bones for Life 7 p.m.: Café Muse</p>	<p>17</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10 a.m. to 3 p.m.: Driver Safety Program 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance</p>	<p>18</p> <p>8:15 a.m.: Walking Club 10:30- 11:30 a.m.: Saturday Storytime</p>
<p>26</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>27</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Bamberger Lecture: Maryland Attorney General Joseph Curran</p>	<p>28</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>22</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 12:30 p.m.: Depart for National Gallery 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture Painting 1:30 p.m.: Evolving vs. Aging 7:30 p.m.: Concert: Richard Miller</p>	<p>23</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. - 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: and discussion with Ana Gardano</p>	<p>24</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10 a.m. to 3 p.m.: Driver Safety Program 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance</p>	<p>25</p> <p>8:15 a.m.: Walking Club</p>
<p>26</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>27</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Bamberger Lecture: Maryland Attorney General Joseph Curran</p>	<p>28</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>29</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1:30 p.m.: Evolving vs. Aging 7:30 p.m.: Concert: Maria Pollicina and Michael Parker</p>	<p>30</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. - 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: The Constant Gardener</p>	<p>31</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance 12:15 p.m.: Special Lunch 1 p.m.: "Give 'Em Hell, Harry" 5:30 p.m.: Depart for Kennedy Center</p>	<p>25</p> <p>8:15 a.m.: Walking Club</p>



Shuttle bus hours

Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND CONCERT

This month's Special Lunch on **Friday, March 31**, at 12:15 p.m. will be provided by Alfio's La Trattoria. The menu will be pasta primavera with red sauce (no meat!), salad, garlic bread, and sheet cake for dessert. The cost is \$7, which must be paid when you make your reservation. Please reserve by Wednesday, March 29 at noon.

Following lunch, please stay for a special performance of "Give 'Em Hell, Harry," a one-man show about Harry Truman, at 1 p.m. Actor Barry Abrams portrays the remarkable life and career of Truman from his youth in Missouri to the Presidency of the United States.

Friendship Heights Village Center



Calendar of Events 2006

M A R C H

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Don't miss the chance to hear these authors:

Thursday, March 2 : James Reston Jr.:
Dogs of God: Columbus, the Inquisition, and the Defeat of the Moors and Fragile Innocence

Thursday, March 6 : Nancy Arbuthot and Cathy Abramson: *Wild Washington*

<p>5</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>6</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Wild Washington</p>	<p>7</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Conversational Spanish 1 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist</p>	<p>1</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Portraiture Painting 2 p.m.: Food for Life: Immune-Boosting Foods 7:30 p.m.: Concert: Ericka Ovette</p>	<p>2</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. - 4 p.m.: Village Playtime 3 to 8 p.m.: Send One Suit 6:30 p.m.: Scrabble 7:30 p.m.: Book Signing with James Reston, Jr.</p>	<p>3</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance</p>	<p>4</p> <p>8:15 a.m.: Walking Club 10 a.m.: Yoga for Depression</p>
<p>12</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</p>	<p>13</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</p>	<p>14</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Conversational Spanish 1 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>8</p> <p>7:30 a.m.: Depart for Philadelphia 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban Lecture: 1 p.m.: Health Insurance 1 p.m.: Portraiture Painting 2 p.m.: Food for Life 7:30 p.m.: Concert: Ellouise Schoettler</p>	<p>9</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Financial Seminar 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. - 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: Crash</p>	<p>10</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance 7:15 p.m.: Depart for Austrian Embassy</p>	<p>11</p> <p>8:15 a.m.: Walking Club</p>
<p>19</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>20</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Mencken: The American Iconoclast Book Signing with Marion Rodgers</p>	<p>21</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>15</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1:30 p.m.: Evolving vs. Aging 7:30 p.m.: Concert: Irish Music with Jack Stanton</p>	<p>16</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. - 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 6:30 p.m.: Vision Transitions 7 p.m.: Bones for Life 7 p.m.: Café Muse</p>	<p>17</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10 a.m. to 3 p.m.: Driver Safety Program 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance</p>	<p>18</p> <p>8:15 a.m.: Walking Club 10:30- 11:30 a.m.: Saturday Storytime</p>
<p>26</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>27</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Bamberger Lecture: Maryland Attorney General Joseph Curran</p>	<p>28</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>22</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 12:30 p.m.: Depart for National Gallery 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture Painting 1:30 p.m.: Evolving vs. Aging 7:30 p.m.: Concert: Richard Miller</p>	<p>23</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. - 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: and discussion with Ana Gardano</p>	<p>24</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10 a.m. to 3 p.m.: Driver Safety Program 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance</p>	<p>25</p> <p>8:15 a.m.: Walking Club</p>
<p>26</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>27</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Bamberger Lecture: Maryland Attorney General Joseph Curran</p>	<p>28</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 - 2:45 p.m.: Blood Pressure Screening 3 - 4 p.m.: Tea 3 - 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>29</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture Painting 1:30 p.m.: Evolving vs. Aging 7:30 p.m.: Concert: Maria Pollicina and Michael Parker</p>	<p>30</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. - 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: The Constant Gardener</p>	<p>31</p> <p>9 a.m.- 12 p.m.: Tax Assistance 10:30 a.m.: Coffee and Current Events 1 p.m. to 4 p.m.: Tax Assistance 12:15 p.m.: Special Lunch 1 p.m.: "Give 'Em Hell, Harry" 5:30 p.m.: Depart for Kennedy Center</p>	<p>25</p> <p>8:15 a.m.: Walking Club</p>



Shuttle bus hours

Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

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CLASSES and CLUBS

PREREGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.

NEW CLASSES

ADVANCED BRIDGE CLINIC

A one-time workshop for advanced players. Meets Monday, March 6, from 1 to 4 p.m. Cost is \$25 for residents; \$30 for nonresidents.

BEGINNING BRIDGE

Bridge for beginners and "beginning again" players. Taught by Martha Lisser, retired teacher and principal and experienced bridge teacher. Each student must bring a deck of cards. This 5-week course starts March 13. Meets Mondays from 1 to 4 p.m. Cost is \$115 for residents; \$120 for nonresidents.

BONES FOR LIFE (Daytime)

Improve posture and stability. Move with ease as nature intended. Put a spring in your step, and help strengthen your bones. Lessons while seated are designed to make you comfortable in all you do — sitting at the computer, walking, engaging in sports, or playing musical instruments and chasing your grandchildren. The 5-week series — based on the teachings of Moshe Feldenkrais — meets Thursdays from 11:30 a.m. to 1 p.m. Cost is \$50. Begins March 9 and ends April 6. The instructor Hedy Ohringer is certified in the Feldenkrais method and Bones for Life. Classes are designed for new and returning students.

BONES FOR LIFE (Evening)

See description above. For help in relaxing after a stressful day — this class may be your answer. The 5-

week series meets Thursdays from 7 to 8:30 PM. Cost is \$50. Begins March 9; ends April 6.

CONVERSATIONAL SPANISH 2

A 10-week course begins March 21. This class is for students who have taken Conversational Spanish 1 or have some knowledge of Spanish. They will continue learning conversation, listening comprehension, reading and grammar. Instructor Elena Marra-Lopez has taught teenagers and adults at Sidwell Friends School, Washington International School, Montgomery College and the USDA Graduate School. The class meets Tuesdays, from 9:30 to 11:30 a.m. The cost is \$200 for residents, \$210 for nonresidents and \$100 for anyone 65 or older.

DRAWING AND PAINTING

A 10-week course for all skill levels, taught by Doris Haskel, begins on March 13. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends May 15.

HUMAN EVOLVING VS. AGING

Kathy Ward will lead this 3-week seminar on wellness beginning March 15. Classes will cover the physical body, the spiritual body, and the mind. Meets Wednesdays at 1:30 p.m. for one hour. Cost is \$10 for all three meetings.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by award-winning artist and photographer

Marianne Winter, begins March 1. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. The cost is \$60. (Maximum number of students is 8). Session ends April 5.

STRENGTH TRAINING (Monday)

Christine Bruchac, from NRH Regional Rehab, leads a strength and conditioning class for seniors. This 10-week session begins March 13. Meets Mondays at 11:30 a.m. Cost is \$50. Please register by phone at 301-986-4745.

STRENGTH TRAINING (Wednesday)

See description above. A 10-week session begins March 8. Meets Wednesdays at 11 a.m. Cost is \$50. Please register by phone at 301-986-4745.

TAI CHI (Tuesday)

This 6-week session begins March 14. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends April 18.

TAI CHI (Thursday)

This 6-week session begins March 16. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends April 20.

YOGA (Daytime)

This 7-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and



begins March 26. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$70 for residents and \$85 for non-residents. Session ends May 21. Class will not meet April 9 or 16. (Students who must miss a class may make it up in the Monday class with the instructor's permission).

YOGA (Evening)

This 7-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins March 27. Meets Mondays from 7:30 to 8:50 p.m. See description above. The cost is \$70 for residents and \$85 for non-residents. Session ends May 22. Class will not meet April 10 or 17. (Students who must miss a class may make it up in the Sunday class).

YOGA FOR DEPRESSION

This one-time workshop with instructor Barbara Quinn is designed for anyone who is chronically depressed, anxious, or is suffering from a traumatic event. Through yoga, breathing exercises, and meditation you will learn techniques that will help relieve depression or anxiety. Meets Saturday, March 4 from 10 a.m. to 1 p.m. Bring a yoga mat if you have one (teacher will have a few). Wear comfortable clothes and eat lightly or not at all for 2 hours before class. The cost is \$50. Minimum number of students is six.

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREEN- ING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and

fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

SCRABBLE

This active group of Scrabble players meets at the Center every Thursday, beginning at 6:30 p.m.

VILLAGE PLAY TIME

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

VISION TRANSITIONS

Low vision doesn't have to mean "no vision." These free monthly meetings offer education and support for people with vision problems. Sponsored by the Prevention of Blindness Society, Vision Transitions meets one Thursday evening a month at the Village Center and features talks by guest speakers. To register, call 301-656-2797. For more information about Vision Transitions, call 202-234-1010 or visit www.youreyes.org.

Driver safety program at the Center this month

The AARP Driver Safety Program is the nation's first and largest classroom driver refresher course designed for drivers age 50 and older. The eight-hour course helps drivers refine existing skills and develop techniques. Upon successfully completing the course, graduates may be eligible to receive a state-mandated discount on their auto insurance premiums.

The course will be offered **Friday, March 17** and **Friday, March 24, from 10 a.m. to 3 p.m.** at the Village Center (students must attend both classes). Bill Headline will teach the class. The cost is \$10 and checks should be made out to AARP. Students must bring to class with them their driver's license and a ballpoint pen. Register at the Village Center.

CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall. Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering.

Wednesday, March 1 — Ericka Ovette. Ericka Ovette blends the styles of Bessie Smith, Billie Holliday, and Ella Fitzgerald for spectacular evening of jazz and American popular standards.

Wednesday, March 8 — Ellouise Schoettler. Storyteller Ellouise Schoettler tells new stories in a program of folktales and personal stories, entitled "Wise Women" to celebrate Women's History Month. Ellouise Schoettler performs in colleges, art centers, schools, museums and community centers across the country. She is currently storyteller-in-residence,

Audubon Naturalist Society, Chevy Chase, MD.

Wednesday, March 15 — Jack Stanton. Singer and dancer Jack Stanton returns to the Village Center with a rousing St. Patrick's Day program.

Wednesday, March 22 — Richard Miller. Classical guitarist Richard Miller has appeared at Brazilian-American festivals, regularly tours Central and South America, and has performed in venues throughout the Washington, D.C. area.

Wednesday, March 29 — Maria Pollicina and Michael Parker.

Australian Soprano Maria Catena Pollicina is accompanied by Michael Parker for an evening of opera featuring works by Giovanni Bononcini, Alessandro Scarlatti, Jules Massenet, and Richard Strauss.

Miss Pollicina has performed in numerous productions with Opera Australia since 1994. She has also performed at the British Embassy, the Smithsonian Institution, and various venues in England.

Mr. Parker is a vocal consultant and accompanist who has performed worldwide.

It's not \$365 million but you could still win a prize

The Friendship Heights Village Council would like to open the doors to the Village Center to more residents. If you don't—or you know someone who doesn't—regularly attend events here, we'd like to know why. The Council has created a survey to determine what events and activities will attract more residents. *To ensure an enthusiastic response, the Village Council is offering a special incentive. One respondent chosen at random, and another resident who is responsible for having the most surveys returned, will receive a special prize.* Pick up your survey at the Center now and look for it in the April *Village News*.

Estate Planning and Tax Center

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Mehmet is a resident in the center of Friendship Heights, his care and concern for the real estate value of your neighborhood and his, makes his neighborhood knowledge a tremendous asset to those at Friendship Heights.

Give Mehmet a call if you are considering buying or selling and allow him to get you **TOP \$\$\$** in this **BOOMING REAL ESTATE MARKET.**

MOBILE: 202-431-1991 OFFICE: 301-656-2500
mhalici@mhalici.com • www.mhalici.com



TO YOUR HEALTH

BPH — what is it?

Benign prostatic hypertrophy, or enlargement of the prostate gland, is a common condition in older men that can be disruptive to daily activities, travel and outings. On **Wednesday, March, 8, at 1 p.m.**, Dr. Mark Rosenblum will discuss causes of and treatments for BPH that will help you spend more time on activities and less time searching for a rest room!

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

Asheville, continued from page 6

Take advantage of an early bird special price of \$724, per person double occupancy, if you sign up before March 15. The single supplement is \$300. The price, per person, double occupancy, after March 15 and before March 31 is \$774. A \$200 deposit is required at the time of sign-up. The deposit is fully refundable up to March 31. Sign-ups begin immediately at the Village Center. There are 28 spaces available.

Plan your retirement strategies now

Trung Vu, a financial advisor with Amerprise Financial, will conduct a seminar at the Village Center on **Thursday, March 9, at 11 a.m.**

Topics will include keeping up with inflation, reducing taxes, and preserving your estate for your heirs. Mr. Vu will also discuss making withdrawals from retirement plans, investment diversification, health care, and budgeting.

Following the seminar, lunch will be served. Reservations are a **must**. Please call 301-656-2797.

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301-770-POOL(7665)



Don't miss this year's **Philadelphia Flower Show and afternoon tea at the Hotel DuPont** on **Wednesday, March 8**. Spaces still available. Sign up at the Village Center.

Cafe Muse presents...

This month's Café Muse, on **Thursday, March 16, at 7 p.m.**, presents poets Ann Knox and Hailey Leithauser.

Ann Knox is author of two full-length collections of poetry, *Staying Is Nowhere* and *Stonecrop*, a chapbook, *The Dark Edge*, and a collection of short stories, *Late Summer Break*. For 20 years she was editor of *Antietam Review*, a literary journal based in Hagerstown, Md.

Hailey Leithauser's poetry has appeared or is forthcoming in *Agni*, *The Antioch Review*, *The Gettysburg Review*, *The Green Mountains Review*, *Meridian*, *The Nation*, *Pleiades*, *Poetry*, and the anthology *Best New Poets 2005*. She won the 2004 Discovery/The Nation Prize and the Elizabeth Matchett Stover award from *The Southwest Review*. She is assistant editor of *The National Poetry Review*.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m. The event is free; please call 301-656-2797 if you plan to attend.

Café Muse is presented by The Village of Friendship Heights and The Word Works.

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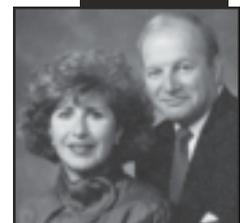
Jay Direct: 301-442-4544

Linda Direct: 301-442-4547

Rlest8@aol.com

Long & Foster Real Estate, Inc.

Office: 240-497-1700 x1776





Our Alzheimer's care begins with what's been forgotten.

Each senior has a history that makes them a unique individual. At Sunrise, our approach to Alzheimer's care begins with understanding the stories and details of a senior's life.

Knowing our residents better means we can help them attain what we call "pleasant days" by finding activities they can enjoy and be successful at. We do this in specially designed surroundings that are both safe and nurturing, where who they are is never forgotten.

*You're invited...**

Topic: "Meeting the Challenges of Dementia"
Alzheimer's Association of the National Capital Area

Date: Tuesdays, April 4 - May 2
(5 sessions)

Time: 6:30 - 8:30 p.m.

Location: Brighton Gardens of Friendship Heights

Fee: \$50 per person or \$75 per couple for entire series.

Registration forms available through Brighton Gardens at 301-656-1900 or the Alzheimer's Association at 800-272-3900.

Space is limited, register TODAY!


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*Montgomery County Residents Only

Village Council Corner

County Council Approves TMD Bill

The Montgomery County Council has approved legislation that transfers authority to it from the County Executive to charge a fee to both new and existing commercial and multi-family buildings (including those within our Village). The fee supports the activities of the Transportation Management Districts (TMDs) in the County, including Friendship Heights.

While the County Executive has always had the authority to levy the fee on existing buildings, that power has never been exercised. Fees have only been charged to new development. The new bill contained language that appeared to make charging existing properties mandatory.

The Village Council, joined by several of the condominium boards, objected to the bill. While the bill still passed, at our suggestion, wording was changed to make it clear that while the County Council has the *authority* to charge existing buildings, it does not *have* to. If the County Council chooses to impose such a charge in the future, it has to introduce a separate resolution and hold a public hearing.



The County has installed pedestrian countdown timers at the Somerset Terrace/Wisconsin Avenue intersection and at the Friendship Boulevard/Willard Avenue intersection. The timers were requested by the Friendship Heights TMD Advisory Committee with the support of the Village Council.

Council actions at the February 13 public session:

- Held first public hearing on Proposed FY07 Budget;
- Approved proposal from Lipman Frizzell & Mitchell for appraisal of 4604 North Park Avenue and 5406 Shoemaker Farm Lane properties.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

March 2006 events calendar