



Friendship Heights



VILLAGE NEWS

MARCH 2009

301-656-2797

VOLUME 23, NO. 10



Senior Metro Cards

see page 16

It's all in the Wyeth family

Travel with us to the beautiful Brandywine Valley as we explore one of the largest and most comprehensive collections of works by N.C., Andrew and Jamie Wyeth at the Brandywine River Museum on **Tuesday, April 7**. In addition, we'll visit the home and studio of N.C. Wyeth and enjoy a scrumptious lunch.

Exhibiting American art in a 19th century gristmill, the Brandywine River Museum is internationally known for its unparalleled collection of works by three generations of the Wyeth family and its outstanding collection of American illustration, still life and landscape painting. N.C. Wyeth's daughters Carolyn and Henriette are also well represented. Also experience the world of renowned illustrator N.C. Wyeth as you visit his house and studio in Chadds Ford, a short ride from the Brandywine River Museum.

Lunch will be at Brandywine Prime in the Chadds Ford Inn. For a starter, choose between soup or a salad of romaine hearts. For your entrée, you may choose tortellini, oven-roasted Atlantic salmon, or pan-roasted



chicken breast. For dessert, the chef has a number of delicious selections to offer. Coffee, tea or iced tea are also included.

We'll depart from the Center at 9:30 a.m. and should return by 7 p.m.

The cost, which includes round-trip transportation, admission to the Brandywine River Museum and the N.C. Wyeth house and studio, lunch and all taxes and gratuities, is \$96. Residents may sign up immediately at the Center. Nonresidents may sign up beginning March 10. There are 27 spaces available.

We've got culture!

Take advantage of this special offer for tickets to two spectacular and exotic productions at the Kennedy Center.

On **Thursday, June 4** we will attend The Washington National Opera's lavish production of *Turandot*. In ancient China, any brave suitor seeking the hand of Princess Turandot is subjected to three impossible riddles. Failure means certain death, but Calaf risks everything in Puccini's celebrated and final opera of soaring melodies, including the sublime "Nessun dorma."

We will leave the Village Center at 6:30 p.m. and return by 11:30.

The cost of the trip is \$125, which includes a discounted seat in the front of the First Tier, transportation and driver gratuity. Residents and one guest may sign up immediately; nonresidents may sign up March 16. The deadline to sign up is April 3.

Join us **Sunday, June 21**, to see the Bolshoi Ballet's remarkable *Le Corsaire*.

Moscow's great company dances the only performance of this full-length production in North America. *Le Corsaire* follows Medora, a young Greek girl, and Conrad, a dashing pirate, as they journey through a tapestry of captive maid-

ens, rich sultans, swashbuckling abductions, and dramatic rescues – all culminating in a shipwreck that's one of the most breathtaking spectacles in all of ballet.

We will leave the Village Center at 12:30 p.m. and return by 5:30. The cost of the trip is \$140, which includes a seat in the Orchestra, transportation and driver gratuity. Residents and one guest may sign up immediately; nonresidents may sign up March 16. The deadline to sign up is April 30.

Sign up for both productions and pay only \$255.

CHILDREN'S PROGRAMS

An Artful Summer for kids

Friendship Heights Village Center will host some of the top art teachers in the area for a week-long summer art camp **Monday, July 20 through Friday, July 24**. Children ages 5 to 10 will learn painting, print making, Chinese brush, collage, and sculpture. In addition, children will also learn songs and dances from noted local performer James Taylor. The camp takes place from 9:30 to 2 daily at the Village Center. The cost is \$225. This camp, run by our curator Millie Shott, is similar to a local popular summer art camp in the area and features some of the same teachers. Sign up immediately at the Village Center to ensure a space. Children must have completed kindergarten to attend. Children should bring their own lunches. Space is limited. Sign up now at the Village Center. For more information, call the Village Center at 301-656-2797.

The Queen Mary 2 is calling you

Celebrate July 4 aboard one of the world's most elegant ships, Cunard's Queen Mary 2. This 5-day cruise leaves New York on July 1, sails to Halifax, Nova Scotia, spends July 4 in Boston, and returns to New York on July 6. Special promotional prices start at \$1025 per person, double occupancy for an inside stateroom. Balcony staterooms start at \$1380 per person double occupancy. Outside cabins are also available. These prices are available for a limited time. Transportation to and from New York will be arranged by the Friendship Heights Village Center if a minimum of 12 spaces are reserved. Transportation would be additional. Since discounts vary and availability is limited, it's important to make your reservation and deposit as soon as possible.

Please call Anne O'Neil or Jennie Fogarty at the Friendship Heights Village Center (301-656-2797) by **Friday, March 6**, for more information. Purchase of trip insurance is highly recommended.

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Friendship Heights VILLAGE NEWS

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The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the April issue is March 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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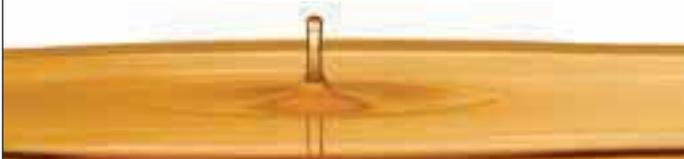
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Positive Psychology: Resilience in challenging times

In these times of challenge – economic and emotional – what techniques does psychology have to offer? “Positive psychology” gives us ways to savor the present, cultivate hope for the future, and focus on what is most meaningful in life. And the study of “resilience” shows both individuals and families healthy ways to cope with adversity. Dr. David Sacks, clinical psychologist, will lead this interactive workshop at the Village Center on **Tuesday, March 24, at 2 p.m.**

Dr. Sacks specializes in helping people cope with stress and life transitions. His Friendship Heights practice serves adults, adolescents, and children who strive to achieve personal goals and increase harmony with their loved ones. He serves as Director of Clinical Training at the American School of Professional Psychology.

After the presentation, please stay for Tuesday Tea. Sign up for this free event by calling 301-656-2797.

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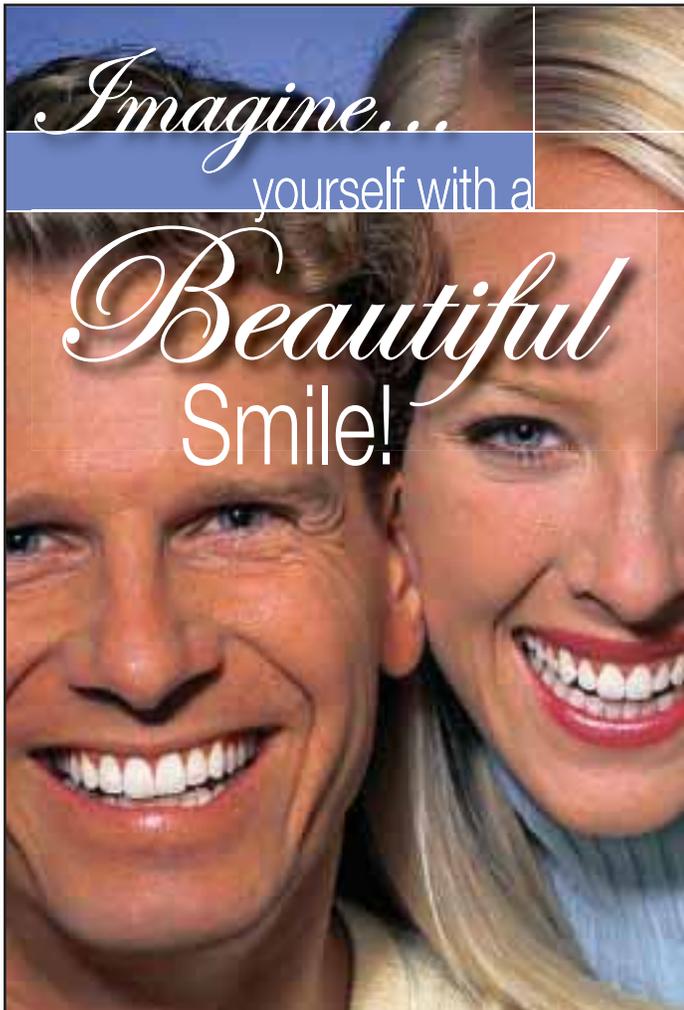
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Tea and Talk: Reverse Mortgages

Come to the Village Center on **Wednesday, March 18, at 1:30 p.m.**, to learn how homeowners age 62 and older may be able to borrow some of their accumulated home equity to help make ends meet without having to pay anything back for as long as they live there. Consumer guides will be given to all attendees. Nationally-recognized expert Bronwyn Belling with the AARP Foundation will share information on the basics, pros and cons, costs and benefits, alternative solutions, newest program features (including home purchase) and fraud prevention tips.

After the presentation, please stay for tea. Sign up for this free event by calling 301-656-2797.

Driver Safety Program changes

The AARP Driver Safety Program helps drivers refine skills and develop techniques. Graduates may be eligible to receive a discount on their auto insurance premiums.

The new one-day course will be offered **Friday, April 24, from 10 a.m. to 3 p.m.**, at the Village Center. The cost is \$12 for AARP members (please bring your membership card) and \$14 for nonmembers. Checks should be made out to AARP. A minimum of 12 students is required or the class will be cancelled. Students must bring their driver's license and a pen. Please register at the Village Center.

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PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

Thursday, March 5, 7 p.m. — *Bottle Shock* — In 1976, a small American winery bested the exalted French wines of the time and sent the wine industry into a tizzy- putting California wines on the map for good. Based on a true story, *Bottle Shock* is told through the lives of vintners and a wine shop owner Steven Spurrier. Rated PG-13 Running Time: 108 minutes.

Thursday, March 12, 7 p.m. — *Changeling* — Clint Eastwood directs Angelina Jolie and John Malkovich in a provocative thriller based on actual events. Christine Collins' prayers are answered when her kidnapped son is returned. But in the frenzy of the photo-op reunion, she realizes this child is not hers. Rated PG-13. Running Time: 141 minutes.

Thursday, March 19, 7 p.m. — *The Secret Life of Bees* — Based on a New York Times best-selling novel and set in South Carolina in 1964, *The Secret Life of Bees* is the moving tale of 14-year-old Lily Owens. Lily escapes her lonely life and flees with Rosaleen, her caregiver and only friend, to a South Carolina town that holds the secret to her mother's past. Taken in by the independent Boatwright sisters, Lily finds solace in their world of beekeeping. Stars Queen Latifah, Dakota Fanning, Jennifer Hudson, and Alicia Keys. Rated PG. Running Time: 110 minutes.

Thursday, March 26, 7 p.m. — *Gardening in Pots* — Archaeological Talk— See the calendar page for details.

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ART and CULTURE

The American Art League to exhibit at Friendship Gallery in March

The American Art League is an organization of professional artists in the Washington area that was established over one hundred years ago. Its members work in watercolor, mixed media, oils, pastels, acrylic, photography, and printmaking, and have exhibited extensively.

The League's exhibit at Friendship Gallery begins March 2 and runs through March 31. The public is invited to meet the artists at a reception on **Sunday, March 8, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk receptionist when you arrive.



Dog and Cat by Leslie Sorg Ramsay. oil



Lincoln by Nancy Still. oil.



Durham Silo by Chuck Lee. Photograph

Gwen Ifill rescheduled

Gwen Ifill, moderator and managing editor of public television's "Washington Week" and senior correspondent for "The NewsHour with Jim Lehrer," will discuss her book, *The Breakthrough: Politics and Race in the Age of Obama*, at the Village Center on **Saturday, March 14, at 3 p.m.** Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Please sign up in advance by calling the Village Center at 301-656-2797.

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M A R C H

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	2 9:15 a.m.: Fit 4-Ever 9:15 a.m.: Depart for Bureau of Engraving 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 6:30 p.m.: Spanish 2 7 p.m.: Yoga 7 p.m.: Café Muse	3 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist	4 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish 7:30 p.m.: Concert: Ashbrook and Oorts	5 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Bottle Shock	6 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 1 pm.: Bridge Group 2 p.m.: Tea and Talk: The Assassination of Abraham Lincoln	7 8:15 a.m.: Walking Club
8 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	9 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING	10 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Open Book Play Readers 7 p.m.: Mat Pilates	11 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: Tummy Troubles 1 p.m.: Health Insurance Counseling 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish 7:30 p.m.: Concert: Ericka Ovette	12 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 6:45 p.m.: Depart for Hexagon 7 p.m.: Movie: Changing	13 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group	14 8:15 a.m.: Walking Club 3 p.m.: Gwen Ifill
15 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	16 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga	17 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10:45 a.m.: Depart for the Capitol 1 p.m.: Fall Prevention 12:30 p.m.: Vision Support Group 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	18 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise with Tonya 1 p.m.: Portraiture in Pencil and Pastel 1:30 p.m.: Tea and Talk: Reverse Mortgages 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish 7:30 p.m.: Concert: Jack Stanton	19 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: The Secret Life of Bees	20 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 1 pm.: Bridge Group 7:30 p.m.: Dessert Dance	21 8:15 a.m.: Walking Club
22 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	23 9:15 a.m.: Fit 4-Ever 10 a.m. – 2 p.m.: MVA Bus 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga	24 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 2 p.m.: Positive Psychology: Resilience in Challenging Times 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	25 9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Chair Yoga 6:30 p.m.: Beginning Spanish 7:30 p.m.: Concert: Dixie Power Trio	26 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Depart for Capitol 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: "Planting Pots in the Roman Villa Garden"	27 9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 1 pm.: Bridge Group	28 8:15 a.m.: Walking Club
29 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	30 9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Spanish 2 7 p.m.: Yoga	31 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Fall Prevention 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates				

Reminder!

Don't forget Tea and Talk at the Village Center on **Friday, March 6, at 2 p.m.** when Anthony Pitch will present a program on the many plots on President Lincoln's life.

Mr. Pitch, a journalist and award-winning author of *The Burning of Washington*, used unpublished diaries and letters to research the Lincoln-assassination conspiracy and its aftermath.

After the presentation, please stay for tea. Copies of his book, *"They Have Killed Papa Dead!"* will be available for purchase. Sign up for this free event by calling 301-656-2797.

Planting gardens in pots

Elizabeth Macauley Lewis, a research associate at the Institute of Archaeology at Oxford University, will give an illustrated lecture entitled "Planting Pots in the Roman Villa Garden" at the Village Center on **Thursday, March 26, at 7 p.m.** The evening is part of a series of lectures by prominent archaeologists presented by the Washington Society of the Archaeological Institute of America.

People of the ancient Mediterranean communities often planted gardens in pots. One variety of the planter pot is the *olla perforata*, a round pot with one or more holes near the bottom for drainage. Ms. Lewis has recently completed a comprehensive study of these planter pots through Europe and the Near East.

Please sign up for this free event by calling 301-656-2797.



Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION – A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES - NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

ART

ACRYLIC OR OIL PAINTING

A 10-week course for all skill levels, taught by Doris Haskel, begins March 5. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$50 for residents; \$70 for nonresidents. Residents may sign up immediately; nonresidents may sign up Feb. 12. Class ends May 14 (no class April 9). Maximum number of students is 16.

DRAWING AND PAINTING

A 10-week course for all skill levels, taught by Doris Haskel, begins March 9. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Residents may sign up immediately; nonresidents may sign up Feb. 9. Session ends May 18 (no class April 13). Maximum number of students is 18.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by award-winning artist and photographer Marianne Winter, begins March 18. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$70. (Maximum number of students is 8). Last class is April 22.

STILL LIFE PAINTING

A 10-week course with noted artist Joan Samworth begins April 16. Class emphasizes the elements of art: line, color, texture, shape and value and

is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$145 for residents; \$150 for nonresidents. Last class is June 18.

EXERCISE AND FITNESS

CHAIR EXERCISE WITH TONYA

This 6-week class begins March 4. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, is especially for people who want to tone upper and lower body muscles, as well as improve strength and energy, through chair exercises. The cost is \$62. Session ends April 8.

FALL PREVENTION

This 6-week class begins April 7. Meets Tuesdays, from 1 to 1:45 p.m. The class, taught by Tonya Walton, will focus on simple exercises you can do to improve overall balance. The cost is \$62. Session ends May 12.

MAT PILATES

This 6-week session begins March 10. Meets Tuesdays from 7 to 8 p.m. The cost is \$80 for residents and \$90 for nonresidents. Movements to improve balance, strength and flexibility. Pilates balls are used to assist in some exercises. Not recommended for pregnant women or those with

serious spinal conditions. Required equipment: Pilates/Yoga mat, large bath towel. Questions? E-mail – Gingerrusteach@yahoo.com. Session ends April 14.

STRENGTH TRAINING WITH CHERYL

This 6-week session begins April 10. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65. Session ends May 22 (class will not meet April 24).

STRENGTH TRAINING WITH TONYA

This 6-week session begins March 23. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, focuses on increasing mobility, flexibility, balance, and overall strength. The cost is \$62. Session ends May 4 (class will not meet on April 13).

TAI CHI (TUESDAY)

This 6-week session begins March 3. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40. Feel free to email instructor Thomas Johnson at taijitaj7@gmail.com if you have any questions about this class. Session ends April 7.

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pres-

sure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

FHUN

The Friendship Heights Urban Network (FHUN) is a group of young professionals, young parents, and college students. Check FHUN's website at www.fhun.net. This group is not affiliated with the Friendship Heights Village Council.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

OPEN BOOK PLAY READERS

Meets the second Tuesday of each month. The group reads traditional and contemporary works. Participants are expected to act and direct both short sketches and one-act plays. Led by Marlene Harte and Lisa Kassoff. Please call Lisa at 301-907-2631.

SCRABBLE

This group of Scrabble players meets at the Center Thursdays at 6 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers.

VILLAGE PLAY TIME

Children are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium. Children must be accompanied by a caregiver, friend or family member over age 13.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883.

Resume and Interview Tune-Up Seminar
Sunday, April 26, 2009 from 10:30 a.m. to 11:30 a.m.

Expert resume writer, interview consultant, and author, Sherry Mirshahi, will share industry secrets that will get you better results!

You'll learn about:
*The one element YOU need to stand out on paper and in person
*mistakes candidates make that YOU can avoid
*steps you can take (that no one takes) that will impress employers
*Interview research tips, industry trends, and MUCH MORE!

Cost: \$40 if reserved by March 31, 2009. Prices increase after March!
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CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall in the Village Center. As a courtesy to our performers, before entering the auditorium, please turn off any cell phones or electronic devices. Please do not take reading materials in the auditorium. If you arrive late, please wait for a break in the performance before entering the concert hall.

Wednesday, March 4 — Ashbrook and Oorts — Celebrate St. Patrick's Day with the music of the Emerald Isle. Ashbrook and Oorts play a variety of instruments particularly suited to Irish music. Karen Ashbrook is an internationally known hammered dulcimer player and husband Paul Oorts plays guitar, accordion, and more. *The Washington Post* described their collaboration as "wonderfully energetic and exquisitely arranged."

Wednesday, March 11 — Ericka Ovette — How are things in Glocca Mora? Ericka will tell you as she weaves the tale and sings songs from the Broadway hit *Finian's Rainbow*. Musical selections including *Look to the Rainbow* and *Old Devil Moon* transport you to the mythical land of Missitucky in search of a leprechaun's hidden pot of gold. Although best known for

her interpretation of jazz standards, Ericka is equally at home with songs celebrating the Emerald Isle.

Wednesday, March 18 — Jack Stanton — A Friendship Heights favorite, Jack Stanton brings a bit of the blarney to his high-energy song and dance performance. With a bit of the luck of the Irish you may just cajole him into singing more than a few bars of *When Irish Eyes Are Smiling*, *Danny Boy* and *Mother Machree*.

Wednesday, March 25 — Dixie Power Trio — Hailing from Fredericksburg, Va., this four-man "trio" delivers an exciting combination of New Orleans jazz, Dixieland and zydeco. Led by Zack Smith, the band also features Andy Kochenour, Wayne Wilkinson and Byron McWilliams.

Cafe Muse presents...

This month's Café Muse, on **Monday, March 2, at 7 p.m.**, presents a reading by poets Cecily Parks and Joshua Poteat.

Cecily Parks is the author of *Field Folly Snow* and *Cold Work* (winner of the Poetry Society of America New York Chapbook Prize). Look for her new work in *Boston Review*, *Octopus*, and *The Kenyon Review*.

Joshua Poteat is the author of *Meditations* (Poetry Society of America National Chapbook Prize), *Ornithologies* (Anhinga Press Poetry Prize), and *Illustrating the Machine that Makes the World*. Recent poems have appeared in *Virginia Quarterly Review*, *Blackbird*, and *Indiana Review*.

Café Muse opens at 7 p.m. with refreshments and classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

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TO YOUR HEALTH

Tummy Troubles

What causes indigestion, constipation and acid reflux? Are these common problems related to the food we eat? How do you know what to take for discomfort when there are so many over-the-counter medications advertised? Gastroenterologist Dr. Gary Roggin will answer these questions at this month's Suburban Health Lecture at the Village Center on **Wednesday, March 11, at 1 p.m.**

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

Vision Support Group: Keeping up with the news

Join the Low Vision Support Group on **March 17, at 12:30 pm**, and meet Nancy Eynon Lark from the Metropolitan Washington Ear, an organization that serves people who have difficulty reading ordinary print.

Did you know that you can access many newspapers and magazines at any time by simply using your touch-tone telephone? Numerous other services are also provided by the "Ear"— come and "hear all about it!"

Bring a bag lunch; dessert and beverages will be provided. The Vision Support Group is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register.

Dance into Spring

Celebrate Spring with a springtime dessert dance with the Emery Davis Orchestra on **Friday, March 20, from 7:30 to 9 p.m.**, at the Village Center. In addition to music from the Big Band era, we'll have a tantalizing assortment of pastries to satisfy your sweet tooth. The cost of the event is \$10 per person. Tickets must be purchased in advance at the Village Center. The last day to purchase tickets is Tuesday, March 17. No tickets will be sold at the door. Space is limited so don't delay.

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Tuesday, March 10 from 2:30-3:30 p.m. at the Village Center

Light refreshments will be served. Space is limited.
Please RSVP by

Monday, March 9, 2009 by calling (240) 314-4361.

This is an educational seminar. There's no cost or obligation.
Guest Speaker: Mitchell G. Berlin, CFP®, Field Vice President

Hosted by:
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Village Council Election Guidelines

Election Date: Monday, May 11, 2009

General Provisions

Election of the Friendship Heights Village Council shall be conducted under the guidance of the appropriate provisions of Article 33 of the Maryland Code, Section 66-4 of the Montgomery County Code, and these By-Laws.

Notice of Election

Notice of the election specifying time, requirements, and the procedures for nomination and voting shall be posted on the Hubert H. Humphrey Friendship Park Bulletin Board at least sixty days prior to the election.

Nomination

Nomination shall be by petition, signed by at least ten registered and qualified voters of the Village, and shall be filed at the office of the Council at least five weeks prior to the election (**by 5 p.m., Friday, April 3, 2009**). Such petition shall include the signature of the candidate indicating willingness to run.

Candidates shall be registered and qualified voters and reside in the Village at the time of the nomination and the election. Any candidate may withdraw his/her petition up to twenty-four hours before the start of the election.

Qualifications for Voting

Any person residing in the Village on the date of the election whose name appears on a list of registered and qualified voters as of two weeks prior to the election, furnished by the Board of Elections of Montgomery County, shall be eligible to vote.

Place of Voting

The polling place or places shall be conveniently located (the Village Center).

Election Officials

Appointment by the Council of the judges and clerks shall be made prior to the election. Assistants may be made available and appointed in a similar fashion. No candidate for Council membership or member of his/her immediate family shall serve as an election official.

Poll Watchers

Poll Watchers appointed by candidates shall be permitted to observe the voting and counting, but shall not interfere in any way with the voting or counting.

Counting of Ballots

Counting shall be conducted by judges and clerks.

Certifying and Reporting of Ballots

The incumbent Mayor shall notify the Montgomery County Council of the election returns, certified by the election judges. Such letter shall be sent by registered mail the day following the election. A copy of this letter shall be retained in the permanent files of the Village.

Absentee Ballots

Any qualified voter shall be entitled to vote as an absentee voter. An application must be received by **Friday, May 1, 2009**. (If you are unable to meet this deadline, call the League of Women Voters representative listed on the absentee ballot application.) Applications for absentee ballots are available at the Village Center and online at www.friendshipheightsmd.gov (click on "Village Council" link). Upon receipt of the application, the Council shall have mailed or

delivered to the voter entitled thereto an absentee ballot.

No candidate for Council membership shall serve as a duly authorized agent for the purpose of submitting a completed absentee ballot application. A qualified voter shall return an absentee ballot by mail, by delivery in person, or by requesting that an election judge or clerk be dispatched to obtain the absentee ballot on the day of the election. The ballot shall be returned to the Council office or other previously designated location. An absentee ballot received after the time for closing of the polls shall not be counted.

Disclosure

All candidates for the Friendship Heights Village Council must indicate agreement with the following requirements: Each candidate for election to the Council must submit two written financial reports to the Village Office—a preliminary report on the Monday preceding election day (**May 4**) and a final report by 5 p.m. on the Friday after election day (**May 18**).

Each report must include the following: 1) a list of all contributors and the amount(s) of their contributions made to the candidate; 2) an itemized list of expenditures made by the candidate on his/her own behalf; 3) a list of all contributors and the amount(s) of their contributions made to another party on behalf of the candidate; and 4) an itemized list of expenditures made by another party on behalf of the candidate.

The data from these reports shall be compiled and posted on the Village bulletin board as soon after receipt as possible. Failure to comply shall disqualify the candidate from assuming office.



St. Patrick's Day Open House Celebration

Join in the festivities as we host a St. Patrick's Day Open House Celebration. At this exciting event you can mingle with neighbors, residents and guests. You can also enjoy light Irish fare and delight in a variety of themed entertainment for all ages.

While you're here, meet our team, tour our community and find out what we do to make our community a place seniors are proud to call home. Since 1981, Sunrise Senior Living has been committed to providing seniors, families and caregivers with innovative senior living and care options.

Join in the festivities featuring Irish entertainment & light Irish Fare.

EVENT DETAILS

St. Patrick's Day Open House Celebration

**Monday, March 16, 2009
7:00pm – 8:30pm**

**Please RSVP to our concierge
at 301-656-1900 by
Monday, March 9th.**



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Village Council Corner

Senior SmarTrip® Cards at the Center

In response to concerns expressed by the Council's Community Advisory Committee about the lack of availability of Metro Senior SmarTrip® cards in the immediate area, staff has arranged with Metro to come to the Village Center on **Thursday, March 12, from 2 to 5 p.m.** Metro officials will present information about Metro transportation services for seniors and people with disabilities.

During the presentation, you will have the opportunity to purchase the new Senior SmarTrip® card (\$5.00) and learn how it works (bring a photo ID with you); receive tips on how to travel safely and independently on accessible public transit; sign up for the Reduced Fare Program that



makes transit more affordable for people with disabilities; sign up for a free individualized Metro system orientation; pick up free resource materials; get answers to your transit questions; and learn about MetroAccess.

The Council took the following actions February 9:

- Held initial public hearing on FY10 budget;
- Approved proposal from League of Women Voters to run Village Council election on May 11.

The image shows a sample of a Maryland Tax Return form for the year 2007. The form is titled 'FORM 502 MARYLAND TAX RETURN' and includes a barcode and the year '2007'. It is labeled 'RESIDENT' and has fields for 'Your first name', 'Last name', 'Spouse's first name', 'Last name', 'Present address (No. and street)', and 'City or town'. There are also fields for 'Social Security Number' and 'State'. A red stamp that says 'Don't forget!' is placed over the form. A black circle highlights the 'Montgomery Friendship Hts.' area, which is circled in red on the original form. The form also includes a section for 'YOUR FILING STATUS' and 'Name of county and incorporated city, town or special taxing area in which you were a resident on the last day of the taxable period.' The highlighted area is 'Montgomery Friendship Hts.'.

Friendship Heights VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

March 2009 events calendar