



# Friendship Heights

# VILLAGE NEWS

NOVEMBER 2013

301-656-2797

VOLUME 28, NO.6



Longwood Trip  
page 3

## An Affair to Remember

This affair isn't just a fling. Each November for 11 years, Friendship Heights has hosted "A Holiday Affair" at the Village Center. The affair is a combination art gallery and shopping spot, bringing together some of the area's finest artisans and exciting new artists. This year's event kicks off **Friday, Nov. 8, from 5:30 to 8 p.m.**, where attendees shop while enjoying light snacks. Adults may also, for a nominal fee, enjoy a glass of wine. The fair continues on **Saturday, Nov. 9, from 10 a.m. to 3 p.m.** Admission is free.



Jewelry by 12-year-old Caroline O'Neil, one of our younger artists.

The show features art to suit every budget. All items must be handcrafted by the individual artists. Attendees will recognize many of their favorite veteran artists as well as discover many new exhibitors. Also new this year is a children's corner featuring the works of talented local teens and tweens.

Professional potter Natalia Kormeluk, a mastercraftsman at Manor College's



## Tea and talk: Rob Bamberger on Louis Armstrong

The attitude of critics and historians toward Louis Armstrong soured when he drifted from the genius of such 1920s recordings as "Struttin' With Some Barbecue" to become a commercially successful personality with hits like "Blueberry Hill" and "Hello Dolly." Relying upon musical examples, guest speaker Rob Bamberger will trace this shift from jazz innovator to entertainer at the Village Center on **Wednesday, Dec. 4, at 2 p.m.** His educational and entertaining program is titled "Dolly Struts With Some Barbecue: Perceptions Of Louis Armstrong."

Rob Bamberger is the producer and host of the long-running *Hot Jazz Saturday Night*, which airs on public radio affiliate WAMU and is syndicated internationally by NPR WORLDWIDE. After the program, please stay for tea. Call 301-656-2797 to reserve a seat.

Continued on page 14

## The Boom Box

New research reveals that baby boomers actually take more risk and bring more entrepreneurial spirit to the workforce than younger employees. Over the past several years, the number of people over fifty who start or expand a small business has grown. Many start businesses out of a desire to try something new, while others do so out of necessity. Join other Boomers at the Village Center on **Thursday, Nov. 21**, and meet Rosa Maymi of AARP's Financial Security Team who will discuss and take questions about the growing number of "encore" entrepreneurs, AARP's efforts to support small business owners, and tools and resources you can use to determine if you are ready to start a business.

Ms. Maymi is a Project Advisor with AARP's Education & Outreach Financial Security Team. Prior to AARP, she was with FINRA (the Financial Industry Regulatory Authority) where she oversaw the development of educational resources for financial services professionals; she also directed a communications services unit earlier in her career at FINRA.

Please join us at 7 p.m. for socializing and light fare; the program will begin at 7:30 p.m. Call 301-656-2797 to reserve a space.



# A Veterans Day tea and talk

Enjoy a musical program titled "Kiss Me Once Then Say Goodbye: World War II and The Home Front" at the Village Center on **Friday, Nov. 8, at 1 p.m.**

Professional actress and dancer Anna Hudson brings to life the 1920s, 30s, 40s and 50s in her performance featuring music, dance and dramatic monologues based on famous works of literature from each era. The show was first created for the retired Naval officers at Annapolis Naval Academy and has been performed throughout the country. Anna Hudson danced and acted professionally in New York and Europe for thirty years, appearing with such companies as The Martha Graham Dance Troupe, The Netherlands Dance Theater at The Hague, The National Dance Theater of Ireland and as a chorus dancer on Broadway in *Pippin*, *Chicago* and *Cats*. During The Vietnam War, Anna danced in several Bob Hope Christmas Shows.

After the performance, please stay for tea. Call 301-656-2797 to reserve a seat.



# A holiday lunch and show

Celebrate the holidays on **Wednesday, Dec. 18**, with friends and neighbors at the Village Center while you enjoy a festive lunch from Alfio's followed by a special holiday show performed by Maureen Ribble of the National Theatre Community Vaudeville.

Maureen is a singer and actress with years of theater experience in the Washington area. She is back by popular demand for her fifth performance at the Center. It will begin at 1 p.m.

To make the afternoon really special, come at 12 p.m. and enjoy a lunch prepared by Alfio's, under new management since July. You may choose (at sign-up) chicken parmesan, veal piccata or eggplant parmesan. All will come with salad, pasta and bread. Dessert will be cheesecake. The cost is \$14. Please reserve your lunch by Dec. 11.

Mercaz Menachem Chabad Presents

**THE FRIENDSHIP HEIGHTS COMMUNITY CHANUKAH CELEBRATION**

**Giant Menorah Lighting**

at **Wisconsin Shops Plaza**  
(near Bloomingdale)

**Everyone is invited!**  
**Tuesday, Dec 3 @ 5:30pm**

♦Hot Latkes ♦Chocolate Gelt  
♦Live Music ♦Festive Ceremony

**Shalom Signature Club**  
A Social Program For Active Retirees

**What Goes On Here:**

- Notable Speakers Series
- Creative Art Activities
- Games & Workouts
- Trips & Tours
- Jewish Cultural Events
- Musical Programs
- Cinema Matinée
- Wine & Dine Repasts

**In Friendship Heights**  
Join For Our Great Social Programs  
Enjoy The Wonderful Cultural Value

Visit our website at [www.ShalomSC.org](http://www.ShalomSC.org) or call: 240 200-4515

**Friendship Heights VILLAGE NEWS**

[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)  
Email: [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

**ADVERTISING**

The deadline for reserving space for the December issue is November 5th. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

**FOUNDER**  
**Martin Kuhn**

**EDITORIAL STAFF**

<b>Melanie Rose White</b> Volunteer Editor	<b>Anne Hughes O'Neil</b> Staff Writer, Advertising
<b>Jennie Fogarty</b> Staff Writer	<b>Susan C. Zarriello</b> Page Design/Layout

**FRIENDSHIP HEIGHTS VILLAGE COUNCIL**

<b>Melanie Rose White</b> Mayor	<b>Leonard J. Grant</b> Historian
<b>Maurice Trebach</b> Chairman	<b>John Mertens</b> Parliamentarian
<b>Robert M. Schwarzbart</b> Vice Chairman	<b>VILLAGE MANAGER</b> <b>Julian P. Mansfield</b>
<b>Elizabeth Demetra Harris</b> Secretary	
<b>Alvan M. Morris</b> Treasurer	

**Personal Computer Coach**  
In-home computer training for women

**Cheryl Morris**  
Phone: (240) 994-2921  
E-mail: [personalcomputercoach@att.net](mailto:personalcomputercoach@att.net)  
[www.personalcomputercoach.com](http://www.personalcomputercoach.com)

*Convenient\*Flexible\*Personalized  
Gift Certificates Available*

# ON the GO...



## Longwood Gardens for the holidays

See beautiful Longwood Gardens all dressed up for the holidays when we travel to Pennsylvania's Brandywine Valley on **Tuesday, Dec. 10**. Before our visit to the botanical winter wonderland, we'll enjoy a sumptuous holiday feast on the property. The Yuletide Buffet includes a variety of meats, vegetables, soups, rolls, desserts and beverages.

Next, we're off to see the gardens, one of the Brandywine Valley's botanical treasures. Here, thousands of poinsettias

are accented with amaryllis, narcissi, begonias, lilies, tulips, and many other flowers. Longwood's signature tree has moved front and center to the Exhibition Hall.

The Music Room is transformed into a shimmering winter wonderland of its own. Inside, a 16-ft Fraser Fir tree adorned with glistening icicles and ivory ornaments creates an aura of unmatched elegance. Visitors can marvel at an elegant table set for a festive holiday dinner party, including dramatic flower arrangements, fine china and holiday lighting. The Exhibition Hall Stage features Longwood's signature poinsettia tree, while glimmering icicles fall from the ceiling of the Exhibition Hall. The East Conservatory's giant 26-foot Douglas Fir tree stands proudly in the Patio of Oranges, adorned with a dazzling silver garland and red and snowy white ornaments.

The Palm House features a miniature railway weaving its way through the lush foliage. In Longwood's Estate Fruit House, expert floral designers and ceramics artists create an arctic playground, featuring icebergs, a snow-frosted tree and frolicking penguins preparing for holiday festivities.

*Continued on page 15*

# NANCY MELLON REALTY

WEBSITE: [www.nancymellonrealty.com](http://www.nancymellonrealty.com)

## Your Neighborhood Real Estate Specialists

The #1 real estate office in sales volume in Friendship Heights since 1985. Nobody knows Friendship Heights better than we do!

**301-951-0668**

4500 N PARK AVE., SUITE 804N



Condominium, Home and Townhouse

**SALES & PURCHASES & RENTAL MANAGEMENT**

Bethesda, Chevy Chase, Rockville, Potomac, Kensington, Silver Spring, Gaithersburg, Maryland and Washington, DC

## The National Mall: The Story Behind the Controversies

Is it inevitable that new memorials and museums in Washington, D.C., are controversial? What's the real story behind the outcry over the Eisenhower Memorial? Is it simply, as news reports say, a matter of Eisenhower family objections, or a battle over architectural style? What's the behind-the-scenes struggle, for over a decade, to create a John Adams Memorial?



Come to a Tea and Talk at the Village Center on **Friday, November 15, at 2 p.m.** when Judy Scott Feldman takes you behind the headlines to learn about the complex memorial building process and interplay of politicians, interest groups, and designers. For worthy projects such as these, is there a better way?

Dr. Feldman is a founder and chair of the National Coalition to Save Our Mall, an all-volunteer organization advocating visionary, long-range planning for the Mall. She is a native Washingtonian, an art historian, and a frequent lecturer on Washington history.

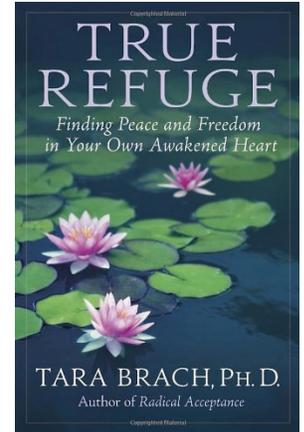
After the program, please stay for tea. Call 301-656-2797 to reserve a seat.

## Meditation guru to speak at the Center

Tara Brach, a leading western teacher of Buddhist meditation, emotional healing and spiritual awakening, will discuss her book, *True Refuge: Finding Peace & Freedom in Your Own Awakened Heart*, at the Village Center on **Thursday, Nov. 14, at 7:30 p.m.**

Ms. Brach has practiced and taught meditation for over 35 years. She is the senior teacher and founder of the Insight Meditation Community of Washington, one of the largest and most dynamic non-residential meditation centers in the United States. Her weekly meetings regularly attract hundreds of people. To her many devotees, she is foremost a healer. Her new book, about her recent search for calm in the face of serious illness, debuted on The Washington Post's bestseller list the week in February it was released.

Copies of the book, provided by Barnes and Noble, will be available for purchase with cash or check. Please sign up by calling 301-656-2797.



## SAM'S FEATURED NEIGHBORHOOD LISTINGS!



**THE CARLETON**  
2 Bedroom/2 Bath  
Super Large Floor Plan  
Family Room/Den  
2 Balconies  
**Offered at \$849,000**



**THE ELIZABETH**  
2 Bedroom/2 Bath  
Updated and Spacious  
Gorgeous Views  
Balcony  
**Offered at \$549,000**



**SAM SOLOVEY**  
Live Where Life Happens

Direct:  
**301-404-3280**  
Office:  
**202-363-9700**  
Email:  
**SamS@LNF.com**  
Website:  
**SamSolovey.com**



Personalized Marketing and Exceptional Service from the **Leading Realtor®** in the Village.



**LONG & FOSTER**  
REAL ESTATE, INC.

LONG & FOSTER'S  
**EXTRAORDINARY**  
PROPERTIES

Exclusive Affiliate of  
**CHRISTIE'S**  
GREAT ESTATES



## What's your old book worth?

Allan J. Stypeck, President of Second Story Books, Inc., the area's largest used-and-rare bookstore, and lecturer at the Village Center last month on book collecting, will return to the Center on **Wednesday, Nov. 20, from 2 to 4 p.m.**, to appraise printed items.

Mr Stypeck will appraise books (no more than five per person, please), printed ephemera, manuscripts, photographs, autographed documents and photos, and, postcards. Please do not bring text books (even old ones) or books in disrepair. Attendees will be given numbers when they arrive and people will be taken in order. The appraisals are free.

Mr. Stypeck is a Senior Member of the American Society of accredited in Books and Manuscripts; member of the Antiquarian Booksellers Association of America, the International League of Antiquarian Booksellers, the American Booksellers Association, the Universal Autograph Collector's Club, the International Autograph Collector's Club, and, The Manuscript Society. He has appeared on PBS's *Antiques Roadshow* and is appearing on the 2014 season of Maryland Public Television's *Chesapeake Collectibles*.



**Please call 301-656-2797 to sign up. Please let us know how many items you will bring.**

## 'Tis the season to share: food and toy collection

Once again the Village Center will collect food items for Manna Food Center in Gaithersburg. Manna is the main food bank in Montgomery County — over 184,000 people will rely on Manna this year.

Please bring donations to the Village Center during November and December; they will be delivered to Manna before the holidays. The food most needed include cereal, rice, canned meats and tuna, beans, canned fruit and vegetables, pasta and spaghetti sauce, baby formula and baby food, peanut butter, and shelf-stable milk. In addition, the following items are needed for Goldberg Smart Sacks, Manna's innovative program to fight childhood hunger. Each Friday, 1,600 children in 50 elementary schools receive a backpack with nutritious and kid-friendly foods for the weekend: small fruit cans or cups, juice boxes that are 100% juice, microwavable bowls of pasta or soup, individual cereal boxes, oatmeal packets, cereal bars, and small boxes of raisins. Last year Village residents donated 340 pounds of canned and boxed food — let's try to double that this year!

**Important: please check expiration dates before bringing donations and do not bring anything in a glass jar. Fresh fruit and vegetables cannot be accepted.**

New toys will also be collected and delivered to needy children in the area.



**JAMIE COLEY, LINDA ROSENKRANZ & LEIGH REED**

*Long & Foster's #1 Team  
in 2012 for Montgomery County*

Direct: 301-215-4141 / Office: 240-497-1700  
coleyreed@gmail.com

[www.somersetluxuryliving.com](http://www.somersetluxuryliving.com)

**LONG & FOSTER REAL ESTATE INC.**



# PLAYING on the BIG SCREEN

All movies begin at 7 p.m.

## A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

- Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

**Thursday, Nov. 7, 7 p.m. — Movie — *Stories We Tell*** — In this inspired, genre-twisting new film, Oscar-nominated writer/director Sarah Polley discovers that the truth depends on who's telling it. Polley is both filmmaker and detective as she investigates the secrets kept by a family of storytellers. She playfully interviews and interrogates a cast of characters of varying reliability, eliciting refreshingly candid, yet mostly contradictory, answers to the same questions. As each relates their version of the family mythology, present-day recollections shift into nostalgia-tinged glimpses of their mother, who departed too soon, leaving a trail of unanswered questions. Rated PG-13. Running Time 108 minutes.

**Thursday, Nov. 14, 7:30 p.m. — Book Signing with Tara**

**Brach** — see page 4 for details.

**Thursday, Nov. 21, 7 p.m — Boomers Meeting**, see page 1 for details.

**Thursday, Nov. 28 — Center Closed — Happy Thanksgiving and Happy Hannukah!**

Many thanks to these restaurants who generously donated gift certificates to the Taste of Friendship Heights raffle: Boeymonger, Chads, Chipotle, Meiwah, Potomac Pizza, and, Sushiko. And congratulations to the winners!

The Village Book Club will meet this month on **Tuesday, Nov. 19, at 11 a.m.** The book selection is *A Thousand Splendid Suns* by Khaled Hosseini. Look for a copy of the book in the Center Reading Room on the shelf marked "Village Book Club Selections."



*The  
Natural  
Choice for  
your Smile!*

Experience EXQUISITE dentistry by one of Washington DC's finest - DR. ANNIE YU  
Now located in the heart of Chevy Chase!



*Creating a Lifetime  
of Smiles!*



New Patient Promotion

Complimentary  
FULL X-Ray Series  
&  
WHITENING  
(\$250 value)

with every  
New Patient Exam

Mention this ad for redemption.  
Available for a limited time only.

AVANT DENTISTRY  
5454 Wisconsin Ave., Suite #1035  
Barlow Building  
Chevy Chase, MD 20815

(240) 743-4421  
www.avantdentistry.com



301-270-VEIN (8346)

PAINFUL, BULGING or  
UNSIGHTLY Varicose Veins?

Latest Laser Technology  
SINGLE USE gold tip fiber,  
Less painful, minimal bruising.

**Dr. Samir Neimat, MD**

Washingtonian "TOP DOCTOR" 16 Years

THE VEIN CLINIC OF WASHINGTON  
www.veinclinicofwashington.com

The Barlow Building  
5454 Wisconsin Ave, Suite 1420  
Chevy Chase, Maryland 20815



# ART and CULTURE

## On exhibit this month

You are invited to visit Friendship Gallery this month to see an exhibit of paintings by the students of Doris Haskel, who has taught at the Village Center for nearly 25 years and at the Norwood Recreation Building in Chevy Chase for more than 50 years. All are invited to meet the artists at a reception on **Sunday, Nov. 10, from 11:30 a.m. to 1:30 p.m.**

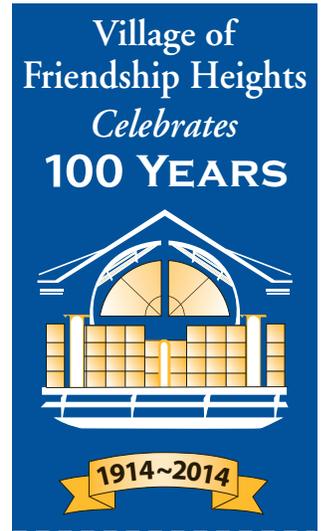


"Florence" by Doris Haskel

The exhibit runs from November 4 to 30. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of activities in that room; check with the front desk receptionist when you arrive. Please note that all sales of art are final.

## A call for art

Friendship Heights Village will celebrate its Centennial in 2014 and the Village Center hallways will display old photographs, historic documents and memorabilia throughout the year. The year will kick off with an art exhibit in the auditorium during December and January that will be open to all local artists. The show will reflect the world one hundred years ago. Notable people, events, automobiles, fashions, political and world events (we have a list if you need ideas) are all possible subjects for paintings, photographs, fiber works, calligraphy, and, small sculpture. Painting in the manner of artists a century ago is also a suggestion. Pick up an application at the Village Center — and let your imagination run wild!



*Chevy Chase*  
**Florist**

We specialize in:  
Ecuadorian roses,  
Dutch flowers,  
and locally-  
grown flowers.

Chevy Chase Florist  
5415 Friendship Boulevard  
Chevy Chase, MD 20815  
**301-986-0986**  
www.chevychaseflorist.com

**STEIN SPERLING**  
BENNETT • DE JONG • DRISCOLL PC

**DAVID B. TORCHINSKY**  
ATTORNEY AT LAW  
ESTATES • TRUSTS • TAX LAW

*National President, American Association of Attorney-CPAs  
Fellow, American College of Attorney-CPAs*

301-838-3219 direct  
dtorchinsky@steinsperling.com

BUSINESS LAW  
CIVIL LITIGATION  
CRIMINAL LAW

EMPLOYMENT LAW  
ESTATES • TRUSTS  
FAMILY LAW  
INJURY LAW

MUNICIPAL LAW  
REAL ESTATE LAW  
TAX LAW

25 W. Middle Lane, Rockville, MD 20850 • 301-340-2020 • www.steinsperling.com

**Dr. Michael Gittleson**  
**Podiatrist**  
**The Barlow Building**

**5454 Wisconsin Ave. Suite 1250**  
**Chevy Chase, MD 20815**  
**301-986-4900**

**Medicine/Foot Surgery    Early Morning Hours**

# Friendship Heights Village Center



# Calendar of Events 2013

## N O V E M B E R

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



<p><b>3</b></p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>4</b></p> <p>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting <b>7 p.m.: Café Muse</b></p>	<p><b>5</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 7 p.m.: Pilates</p>	<p><b>6</b></p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: American Songwriters: "George Gershwin: American Hero" 4:30 p.m.: Intermediate Bridge 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert: Conway and Cackler</b></p>	<p><b>7</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7 p.m.: Movie: Stories We Tell</b></p>	<p><b>1</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Mixed Media with Millie</p>	<p><b>2</b></p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 9 a.m.: Basic Photography for Children 10:30 a.m.: Basic Photography</p>
<p><b>10</b></p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b></p>	<p><b>11</b></p> <p><b>Veterans Day Center Open</b> <b>9 a.m. to 2 p.m.</b> <b>Shuttle bus runs on weekend schedule</b></p> <p>10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 1 p.m.: Strength Training with Tonya</p>	<p><b>12</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Speech Therapy and Support Group 2 p.m.: Intermediate iPad 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 7 p.m.: Pilates <b>7:30 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</b></p>	<p><b>13</b></p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel <b>1 p.m.: Suburban Lecture: "Fine-Tune Your Hearing"</b> 1 p.m.: Health Insurance Counseling 4:30 p.m.: Intermediate Bridge 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Concert: String of Pearls with Susan Jones</b></p>	<p><b>14</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:15 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting <b>7:30 p.m.: Book Signing with Tara Brach</b></p>	<p><b>15</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Mixed Media with Millie <b>2 p.m.: Tea and Talk: The National Mall: The Story Behind the Controversies</b></p>	<p><b>16</b></p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography</p>
<p><b>17</b></p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>18</b></p> <p>9:15 a.m.: Fit 4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting</p>	<p><b>19</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 11 a.m.: Village Book Club 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 2 p.m.: Social Media 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 7 p.m.: Pilates 8:15 a.m.: Walking Club</p>	<p><b>20</b></p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 1 p.m.: Portraiture in Pencil and Pastel <b>2 – 4 p.m.: Appraisals with Allan Stypeck</b> 6 p.m.: Yoga with Kathryn <b>7:30 p.m.: Tales in the Village</b></p>	<p><b>21</b></p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Ji 10 a.m.: Basic Photography 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 12:30 p.m.: Vision Support Group 6:15 p.m.: Scrabble <b>7 p.m.: Boomers and Entrepreneurship</b></p>	<p><b>22</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Mixed Media with Millie</p>	<p><b>23</b></p> <p>8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs 10:30 a.m.: Basic Photography</p>
<p><b>24</b></p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p><b>25</b></p> <p>9:15 a.m.: Fit 4-Ever <b>10 a.m. – 2 p.m.: MVA Bus</b> 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 12:30 p.m.: Bridge Club 1 p.m.: Strength Training with Tonya 2:30 p.m.: Acrylic or Oil Painting</p>	<p><b>26</b></p> <p>9:30 a.m.: Tai Ji 12 – 4 p.m.: Blood Pressure Screening 1 p.m.: Balance and Coordination 3 – 4 p.m.: Tea 2 – 4 p.m.: Suburban Nurse Specialist 7 p.m.: Pilates</p>	<p><b>27</b></p> <p>9:15 a.m.: Fit 4-Ever 10:15 a.m.: Yiddish 1 p.m.: Health Insurance Counseling <b>No Concert</b></p>	<p><b>28</b></p> <p><b>Happy Thanksgiving! Happy Hanukkah! Center Closed No Shuttle Bus</b></p> 	<p><b>29</b></p> <p><b>Center Open 9 a.m. to 2 p.m.</b></p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events</p>	<p><b>30</b></p> <p>8:15 a.m.: Walking Club</p>

### Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.  
Saturday and Sunday 8 a.m. to 7 p.m.

### Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.  
Friday 9 a.m. to 5 p.m.  
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

# CLASSES and CLUBS

PLEASE SIGN UP AT LEAST 48 HOURS BEFORE THE START OF A SESSION — A CLASS MAY BE CANCELED IF IT DOES NOT HAVE A MINIMUM NUMBER OF PARTICIPANTS REGISTERED. PARTICIPANTS MUST PAY FOR THE FULL SERIES — NO REFUNDS AFTER CLASS BEGINS.

All participants in fitness classes as well as Drop-in Tai Chi are required to sign a liability waiver when they register.

## ART

### **BASIC PHOTOGRAPHY (Saturday)**

This 8-week course in black and white and color photography, taught by Llewellyn Berry, begins Nov. 16. Meets Saturdays from 10:30 a.m. to 1:30 p.m. The cost is \$120. The class is open to new students as well as those from previous sessions. Students will become skilled at using their cameras, understand how to see and use available light and learn about composition and subject selection. Instruction takes place in the classroom as well as out in the field. Students must bring a camera to class; digital cameras are preferred. Session ends Jan. 25 (class will not meet Nov. 30, Dec. 28 and Jan. 18).

### **BASIC PHOTOGRAPHY (Thursday)**

This 6-week course in black and white and color photography, taught by Llewellyn Berry, begins Dec. 12. Meets Thursdays from 10 a.m. to 12 p.m. The cost is \$75. See description above. Session ends Jan. 16.

### **STILL LIFE PAINTING**

A 10-week course taught by Joan Samworth begins Nov. 21. Class emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Suggested media are pastels, watercolor, acrylics, and color pencil. Supply list will be given the first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch — brown bag only). The cost is \$155 for residents; \$165 for nonresidents. Last class is Feb. 6 (class will not meet Nov. 28 and Dec. 26). Maximum number of students is 12.

## COMPUTER EDUCATION

Pam Holland from TechMoxie returns this month to teach a series of four classes. You may take all four classes for \$40 or individual classes for \$12 each. There is a maximum in all classes of 15 students. Residents may sign up immediately; nonresidents may sign up Nov. 7.

### **INTERMEDIATE IPAD**

**on Tuesday, Nov. 12, from 2 to 3 p.m.:** For users comfortable doing basic tasks on the iPad. Students will learn how to video chat using services like Skype or FaceTime, using the calendar, how to synchronize contacts, etc. with an iPhone, with your iPhone calendars and contacts with an iPhone, and more advanced use of the App store. Time will be reserved to explore participants' interests

### **SOCIAL MEDIA**

**on Tuesday, Nov. 19, from 2 to 3 p.m.:** Even if you never "Tweet," wouldn't it be nice to understand what all the fuss is about? Have you been hearing about Twitter, Pinterest, LinkedIn, Instagram, Facebook, and Vine? The class will give a tour and explanation of the latest social media apps and how they are being used by teens, business and even government. No computer skills are needed to enjoy this class.

### **PHOTOS IN THE DIGITAL AGE**

**on Tuesday, Dec. 3, from 2 to 3 p.m.:** This class will explore options for converting paper photos to digital (scanning), sharing photos, printing, making photo memory books, calendars, and other memorabilia using online services. We will also learn how to make sure your photos are backed

up to prevent loss if something happens to your computer or iPad. Participants should be comfortable with basic computer, iPad or laptop functions.

### **STARTING GENEALOGY RE-SEARCH ONLINE**

**on Tuesday, Dec. 10, from 2 to 3 p.m.:** Census data, ship manifests, birth records and news articles are increasingly available via the Internet. Learn how to get started gathering family history online. Students will explore how to find information on your family and how to get the most for free out of the best genealogy websites (like Ancestry.com). Participants should be comfortable doing basic Internet searches.

## EXERCISE AND FITNESS

### **EVENING YOGA WITH KATHRYN**

This 6-week class begins Nov. 6 and meets Wednesdays from 6-7 p.m. The class will focus on strengthening and stretching body and mind with attention given to balancing ease and effort. Please bring a yoga mat and a towel or blanket. Be prepared to work hard and relax easy. Questions? Call Kathryn 240-743-4294. The cost is \$65. Session ends Dec. 18 (class will not meet Nov. 27).

### **STRENGTH TRAINING WITH CHERYL**

This 6-week class begins Dec. 6. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65 for residents; \$70 for nonresidents. Session ends Jan. 17 (class will not meet Dec. 27).

## ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

### BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse offers free blood pressure screenings Tuesdays from 12 to 4 p.m. The nurse is also available for consultations Tuesdays from 2 to 4 p.m.

### COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

### CONCERTS

Free live music is presented on Wednesday evenings. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

### DROP-IN TAI CHI

Student-led sessions every Friday from 9:15 to 10:15 a.m. Cost is \$3 per class.

### GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 to 11:45 a.m. Contact Jean McNelis at 301-656-6695.

### HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Usually meets on the second and fourth Wednesdays of each month from 1 to 3 p.m. Please call 301-590-2819 for an appointment.

### SCRABBLE

This group of Scrabble players meets at the Center Thursdays at 6:15 p.m. All are welcome.

### SPEECH SUPPORT

An aphasia support group facilitated by Susan Wranik, MS, MA, CCC-SLP, board certified speech-language pathologist, and sponsored by the NIH Suburban Hospital Stroke Program. Open to adults with speech impairment due to stroke, Parkinson's or dementia who need help with communication. Meets the second Tuesday of every month from 2 to 3 p.m.

### TEA

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers.

### VILLAGE BOOK CLUB

The book club meets one Tuesday morning a month to discuss books chosen by the group. Members take turns suggesting books and leading the meetings. Dates and book titles are announced in the newsletter. New members are welcome at any time.

### VILLAGE BRIDGE CLUB

The bridge club meets every Monday from 12:30 to 4 p.m. All are welcome for bridge or bridge plus (duplicate bridge); cards will be supplied. Contact Nancy White at 301-652-4119 for more information.

### VILLAGE PLAY TIME

Children of all ages are welcome to play together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend, or family member over age 13.

### VISION SUPPORT LUNCH AND LEARN

A partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Meets one Thursday a month at 12:30 p.m. for lunch and discussion with an invited speaker. Contact Janet Morrison at 301-538-9358 for more information.

### WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis at 301-718-6340 for more information.

### YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for more information.

**Cadeaux & Nina** Monday thru Thursday  
Hair and Nail Spa

**SPECIAL FACIALS \$70 (1hr)  
Massage \$75 (1hr)**

Manicure and Pedicure	\$40	Pedicure	\$30	Permanent	\$90+up
Manicure (women)	\$15	Spa Pedicure	\$35	Relaxer	\$90+up
Manicure (men)	\$30	Haircut	\$55	Highlights	\$100+up
Gel Manicure	\$32	Haircolor	\$55		
Fill-in	\$25				

**(301) 656-0066** 5423 Friendship Blvd. Chevy Chase, MD 20815  
email: cadeauxdc@aol.com

# CONCERTS

Concerts will be held from 7:30 – 8:30 p.m. in Huntley Hall in the Friendship Heights Village Center.

**Wednesday, Nov. 6 — Roseanne Conway and Barbara Cackler** — Hailed by critics for her “musical elegance and brilliant technique,” pianist **Rosanne Conway** is a native of Seattle, where she performed with the Seattle Symphony at the age of 16. She holds degrees from the University of Washington and the University of Colorado. She has performed at the American Liszt Society Festival at the Kennedy Center and has appeared in many local and regional concert series as recitalist, chamber music player and accompanist. Currently on the faculty of the National Cathedral School, Ms. Conway also maintains a private studio. **Barbara Peterson Cackler** was raised in Kansas, where she began studying the piano at the age of four. She received her Bachelor of Music degree from Oberlin Conservatory of Music and her Master of Music degree from Yale School of Music. Ms. Cackler maintains a private teaching studio and is a member of the American Guild of

Organists, the Friday Morning Music Club and the MTNA.

**Wednesday, Nov. 13 — Susan Jones and String of Pearls** — Violinist Susan Jones is a familiar favorite of Friendship Heights audiences. Known for her exceptional talent in groups ranging from Machaya Klezmer to Mariachis de Los Compadres, this time Jones brings her trio to the Village Center for an evening of classical music.

**Wednesday, Nov. 20 — Tales in the Village featuring Randel McGee**— Professional storyteller and ventriloquist Randel McGee has performed across the U.S. and in Asia. His ventriloquist/storytelling act of Randel McGee and Groark (the dragon) has two award-winning DVD series on character education. His performances as the world-famous author Hans Christian Anderson have taken him to storytelling festivals and cultural events across the globe.

## CHEVY CHASE ENT & AUDIOLOGY You can hear better today!

Providing evaluations by ENT physicians and audiologists for:

- HEARING LOSS AND EAR DISORDERS
- WAX REMOVAL
- CUSTOMIZED HEARING AID FITTINGS AND SERVICES
- TINNITUS MANAGEMENT

WE LISTEN, TO MAKE SURE WE FIND THE BEST SOLUTION FOR YOU

Ask your physician or internist about our practice.



5530 Wisconsin Avenue • Suite 1500 • Chevy Chase, Maryland 20815

Office: 301-656-8630 • [www.chevychase-ent.com](http://www.chevychase-ent.com)

Maria Capobianco, Au.D. Thomas Winkler, M.D. Leslie Hao, M.D. Candace Thorp, Au.D.

# TO YOUR HEALTH

## Vision Support Group: Accessing arts and entertainment with less sight

Technology and new laws have helped to ensure opportunities for people with sensory loss to enjoy art exhibits, theatre performances, museums, television, and, more. Come to the Vision Support Lunch and Learn at the Village Center on **Thursday, Nov. 21, at 12:30 p.m.**, to meet Mary Lou Fisher, Accessible Arts Advocate, and enjoy this chance for sharing and fellowship.

The Vision Support Group is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. You don't have to have poor sight to participate, but you do need to register in order to reserve a light lunch by calling 301-656-2797.

## Fine-tune your hearing

Take steps to improve your hearing! At this month's Suburban Lecture at the Village Center on **Wednesday, Nov. 13, at 1 p.m.**, audiologist Jillian L. Blinkoff will review the causes and types of hearing loss in seniors. She will also describe strategies to help reduce the effects of hearing loss, including options in hearing devices on the market.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

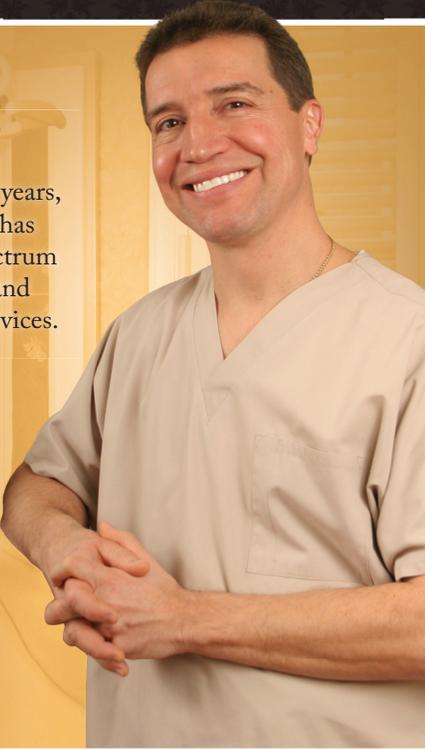


**A Smile  
above the Rest!**

**MORRISON  
COSMETIC DENTISTRY**

For over twenty years, Dr. Eric Morrison has provided a full spectrum of family, general, and cosmetic dental services.

*"Dr. Morrison won us over with compassion, communication, patience, and the highest quality dental care."*

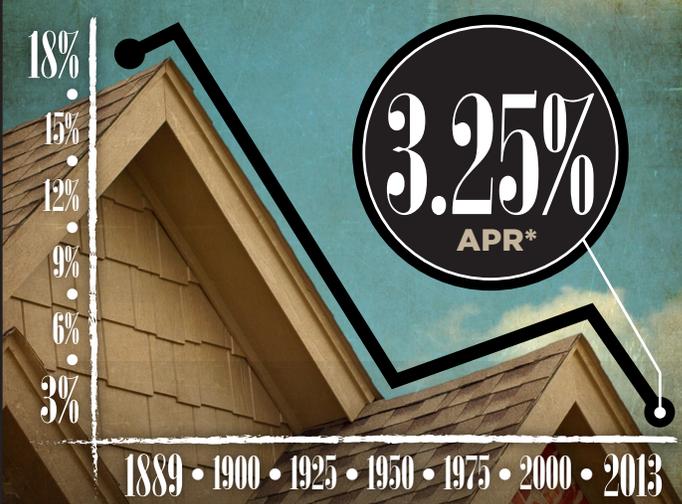


**Eric K. Morrison, D.D.S., M.A.G.D.**  
*Master of the Academy of General Dentistry*

5454 Wisconsin Ave., NW  
Suite 835  
Chevy Chase, MD 20815  
**202.537.7052**  
info@DrEricMorrison.com

ALL NEW PATIENTS  
WILL RECEIVE  
**50% OFF**  
ORAL EXAMINATION  
AND CLEANING  
New Patients with ad only.  
Offer ends 8/31/13

DrEricMorrison.com



**1889 • 1900 • 1925 • 1950 • 1975 • 2000 • 2013**

**OUR BEST HOME EQUITY RATE IN 123 YEARS!**  
The same great service at no additional cost.  
We'll pay up to \$3,000.00 in fees.\*\*

**APPLY TODAY**

**NCB** 316 Pennsylvania Ave, SE • 202.546.8000  
5228 44th Street, NW • 202.966.2688  
[www.nationalcapitalbank.com](http://www.nationalcapitalbank.com)

\*The variable rate on our Home Equity Line of Credit is equal to the Prime Rate published in The Wall Street Journal minus .50%. The APR varies monthly; maximum APR is 18.00%; minimum APR is 3.25%. As of 8-1-13, the APR for NCB's Home Equity Line of Credit was 3.25%.  
\*\*If the line is closed within three years, the customer will be responsible for up to \$3,000.00 in fees. Fees generally total between \$1,312.00 and \$5,656.00 and do not include required property insurance. This offer is subject to change at any time. Credit is subject to approval.

Member **FDIC** 

## Cafe Muse presents...

This month's Café Muse, on **Monday, Nov. 4, at 7 p.m.**, features poetry by Hailey Leithauser and Chad Davidson.

Hailey Leithauser is the author of *Swoop*, which won the Poetry Foundation's Emily Dickinson First Book Award. A past coordinator for Café Muse, her work appears widely in journals and anthologies including the *Gettysburg Review*, *Poetry*, and *Best American Poetry*.

Chad Davidson is author of *From the Fire Hills*, *The Last Predicta*, and *Consolation Miracle*. He teaches at the University of West Georgia.

Café Muse opens at 7 p.m. in the Village Center with classical guitar by Michael Davis; readings begin at 7:20. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 35 years. For more information visit [www.wordworksdc.com](http://www.wordworksdc.com).

### **An Affair to Remember, continued from page 1**



**Notecards featuring nature photography by 14-year old Natalie Mansfield will be among the works by our younger artists.**

Ukrainian Heritage Studies, and a long-time instructor of pottery and clay at the Field School, returns with her exquisite Ukrainian inspired pottery and clay sculpture.

In addition to watercolors and cards, Millie Shott, celebrated local artist and Friendship Heights Gallery curator, offers a variety of textiles including knitted scarves, and wraps. Professional photographer and Friendship Heights instructor Lewellyn Berry makes his Holiday Affair debut with stunning landscapes and portraits. Several years ago, award-winning decorative artist Shirley Hendel became fascinated with fused glass. She has studied with some of the most respected artists in the field and now works exclusively in the medium, which includes fusing, slumping and lampwork. Montgomery County artist Sandi Cave could be the patron saint of upcycling. Exceptionally creative, she is known for reworking items such as watch faces into funky and fascinating jewelry.

Jahee Oh brings her extraordinary talent for origami to the Center with paper creations ranging from delicate birds to precious pumps.

Elena Crusoe of Elena Design Studio transforms an array of gemstones into wearable art of quality and uncompromising craftsmanship.

We'll also feature works by Diana Hannon, whose Beatles-inspired tote bags and shirts will have you singing "Here Comes the Sun," and Diane Shaplin, who dazzles with her woven beaded jewelry and hand-dyed silk scarves. Page Craft returns with hand-crafted bows and barrettes to tempt everyone from tots and teens to centenarians. Village resident Mercedes Etienne exhibits her extraordinary fashion design and sewing skills in her children's clothing collection.

Among the young artists in our children's corner, are Natalie Mansfield whose spectacular floral photography is displayed in her notecards, and Caroline O'Neil, whose jewelry occasionally appears in the Friendship Gallery.

## GetWell Rehabilitation, LLC

orthopedic | neurological | aquatic

### Physical Therapy Office

#### Friendship Heights Village at the Elizabeth Arcade

- Private one hour physical therapy sessions, one-on-one, no technicians
- Manual therapy, therapeutic exercises, balance and gait retraining, visceral mobilization
- Ultrasound, electrical stimulation, and combo
- Aquatic therapy (at our Tenleytown location)
- Orthopedic injuries, joint replacements
- Neurological disorders (MS, MD, ALS, stroke, dystonia), fibromyalgia, chronic fatigue syndrome
- Massage therapy / personal and post-rehab training

We are a **MEDICARE PREFERRED PROVIDER** and accept co-insurance from PPO and POS health insurance plans. Call office for details.

#### Locations

##### Tenleytown

4000 Wisconsin Ave., NW #P2  
Washington, DC 20016  
(inside Tenley Sport & Health Club,  
garage parking available)

##### Friendship Heights

4601 N Park Ave., #10C  
Chevy Chase, MD 20815  
(at the Elizabeth Arcade,  
free garage parking!)

phone 301-654-9355 | [fh@getwell-rehab.com](mailto:fh@getwell-rehab.com)

[www.getwell-rehab.com](http://www.getwell-rehab.com)  find us on facebook

# American University offers special basketball ticket prices for Village residents

As a follow-up to their appearance at the Taste of Friendship Heights, the American University Basketball teams invite all



Village residents, family members and friends to attend one of their November or December 2013 home games by offering a "Buy one ticket, Get one ticket free" special discount (up to a \$19 value). Village residents can reserve tickets in two ways: A) online at [www.AUeagles.com/Tickets](http://www.AUeagles.com/Tickets) and entering the code "Friendship" at checkout; or B) by calling (202) 885-TIXX(8499) and mentioning "Friendship" to the representative. Ticket prices start at just \$4 for women's games and \$7 for men's games. The women's team home opener is Nov. 12, while the men's team home opener in Bender Arena is Nov. 14. Complete schedules are available at [www.AUeagles.com](http://www.AUeagles.com)

Longwood, continued from page 3

We'll depart from the Village Center at 8:45 a.m. and should return by 7:45 p.m. The cost of the trip, which includes transportation, lunch, admission to Longwood Gardens, and all taxes and gratuities, is \$118. Sign-ups for residents begin immediately. Nonresidents may sign up beginning Nov. 7. The deadline to sign up is Nov. 24.

## Custom Glide-Out™ Storage Solutions

Professionally Designed, Built & Installed in **EXISTING** Cabinets & Pantries

**ShelfGenie®**  
Designed to Transform



**FREE** Design Consultation!

Call now to schedule your appointment!

**1-888-267-1794**

MDHIC# 130390 EMC Home Improvement, LLC.



## SENIORS ARE PROUD TO Call Us Home

At Brighton Gardens of Friendship Heights, you can always expect:

- Exceptional, relationship-based care
- Dedicated Designated Care Managers for each resident
- Beautifully appointed living spaces and delicious home-cooked meals
- Vibrant social activities designed to engage mind, body and spirit
- Safe, secure and comfortable neighborhoods for seniors experiencing memory loss
- Peace of mind in knowing that we can meet your changing needs

Call today to schedule a complimentary lunch and tour:  
**301-656-1900**

### Brighton Gardens of Friendship Heights

5555 Friendship Boulevard  
Chevy Chase, MD 20815  
301-656-1900

[BGFriendshipHeights.com](http://BGFriendshipHeights.com)



# Village Council Corner

## The Community Enjoys a Taste

The Taste of Friendship Heights on September 28 was another big success, with a large crowd sampling food from area restaurants. Special thanks to all our participating restaurants and sponsors. A portion of the proceeds was donated to the Community Council for the Homeless at Friendship Place (CCHFP).



Photo by Gene Haddon



*Mi Cocina (pictured above) was a new participant this year. At left, members of the B-CC High School Jazz Band returned for another fine performance.*

*Photos by Anthony Dilullo*

No actions were taken at the Oct. 15 Council meeting. The next Council meeting will be **Tuesday, November 12, at 7:30 p.m.** (due to Veterans Day holiday).



*Friendship Heights*  
**VILLAGE NEWS**

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815



**Check out our website:**  
[www.friendshipheightsmd.gov](http://www.friendshipheightsmd.gov)  
**e-mail:** [info@friendshipheightsmd.gov](mailto:info@friendshipheightsmd.gov)  
**phone:** 301-656-2797

**November 2013 events calendar**