

Friendship Heights Village Center



Calendar of Events 2004

D E C E M B E R

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Please note that this month's Village Council meetings will be held **Monday, Dec. 13 at 8 p.m.** The agenda for the meeting is sent to the manager of each building in the Village the week before the meeting with the request that it be posted.

<p>5</p> <p>9 a.m.: Drop-in Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>6</p> <p>7:30 a.m.: Depart for New York City 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting</p>	<p>7</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6 p.m.: Dance N' Tone 7 p.m.: Mat Pilates</p>	<p>8</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Health Insurance Counseling 1 p.m.: Suburban Lecture: "Depression in Seniors" 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Port Righ</p>	<p>9</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 6 p.m.: Dance N' Tone 6:30 p.m.: Scrabble 7:30 p.m.: Book Signing with Kitty Kelley</p>	<p>10</p> <p>10:30 a.m.: Coffee and Current Events</p>	<p>11</p> <p>8:15 a.m.: Walking Club 1:30 p.m. (in Alexandria): "The Nutcracker"</p>
<p>12</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</p>	<p>13</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Red Hat Society meeting 2:30 p.m.: Drawing and Painting 8 p.m.: FRIENDSHIP HEIGHTS COUNCIL MEETING</p>	<p>14</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6 p.m.: Dance N' Tone 7:30 p.m.: Life as a Secret Service Agent and Federal Air Marshal</p>	<p>15</p> <p>9:15 a.m.: Fit-4-Ever 9:45 a.m.: Depart for White House 10:15 a.m.: Yiddish 1 to 3 p.m.: Depression Screenings 1:30 p.m.: Vision Transitions 7:30 p.m.: Concert: Beltway Brass</p>	<p>16</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:15 a.m.: Depart for "Carousel" 6 p.m.: Dance N' Tone 6:30 p.m.: Scrabble 7:30 p.m.: Café Muse</p>	<p>17</p> <p>10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Program: Eleanor Roosevelt</p>	<p>18</p> <p>8:15 a.m.: Walking Club</p>
<p>19</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>20</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 2:30 p.m.: Drawing and Painting 7:30 p.m.: "The Burning of Washington"</p>	<p>21</p> <p>8:15 a.m.: Walking Club 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6 p.m.: Dance N' Tone</p>	<p>22</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Friday Morning Music Club</p>	<p>23</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble 7:15 p.m.: Movie: 13 Going on 30</p>	<p>24</p> <p>10:30 a.m.: Coffee and Current Events Center Open 9 a.m. – 2 p.m.</p>	<p>25</p> <p>Merry Christmas! Center closed</p> 
<p>26</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>27</p> <p>10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 2:30 p.m.: Drawing and Painting</p>	<p>28</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist</p>	<p>29</p> <p>10:15 a.m.: Yiddish 7:30 p.m.: Concert: Silver Strings</p>	<p>30</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble 7:15 p.m.: Movie: The Stepford Wives</p>	<p>31</p> <p>10:30 a.m.: Coffee and Current Events Center Open 9 a.m. – 2 p.m.</p>	

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND PROGRAM

December's special lunch, prepared by Sherise Campbell of Brighton Gardens, will be held on **Friday, Dec. 17, at 12:15 p.m.** The menu will be beef stir-fry, lo mein noodles with vegetables, green salad, and homemade apple pie for dessert. The cost is \$6, which must be paid when you make your reservation. Please reserve your seat by Wednesday, Dec. 15.

After lunch, please stay to enjoy a special program entitled "A Life of My Own: Meeting Eleanor Roosevelt" **at 1 p.m.** This one-woman show stars Linda Kenyon and depicts the life and times of one of our nation's most popular first ladies.