



Friendship Heights



VILLAGE NEWS



Governor's Mansion

see page 3

APRIL 2008

301-656-2797

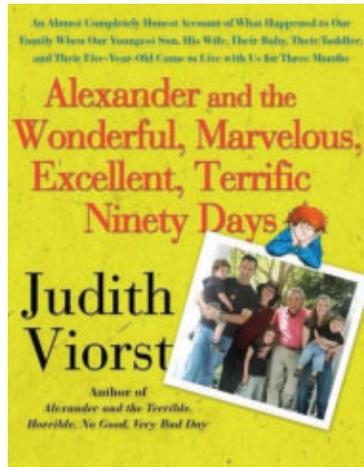
VOLUME 22, NO. 11

Judith Viorst to speak at the Center

Have you ever wondered what became of Alexander after that famously bad day? His mother, Judith Viorst, has written a humorous and loving book about the experience when the grown-up Alexander's family of five move in with his parents for three months. She will discuss *Alexander and the Wonderful, Marvelous, Excellent, Terrific Ninety Days*, at the Village Center on **Monday, April 28, at 7:30 p.m.**

Ms. Viorst was last at the Center in May 2003 to read from and sign copies of *Grown-up Marriage*. In her new book, Ms. Viorst relates- with characteristic sparkle and wit- her efforts to share space, be flexible, and keep her opinions to herself while also appreciating the joys of multigenerational family living.

Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Please sign up in advance by calling the Village Center at 301-656-2797.



Comedy legend Bob Newhart

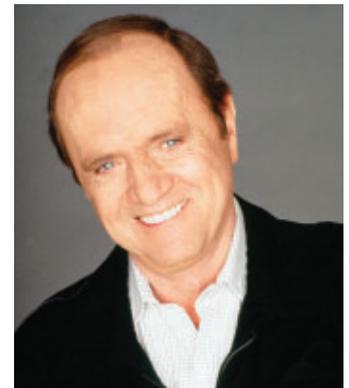
Comedian Bob Newhart has delighted audiences with his deadpan delivery, one-sided telephone conversations and hysterical routines for more than 45 years. Join us **Friday, May 16**, for a fun-filled evening when we attend a performance of Newhart's stand-up comedy at Montgomery College's Robert E. Parilla Performing Arts Center.

The 1960 comedy album, *The Button-Down Mind of Bob Newhart*, went straight to number one on the charts, beating out Elvis Presley and the *The Sound of Music* soundtrack. It is still one of the best selling albums of all time and in 2006 was added to the Library of Congress' National Recording Registry.

Bob Newhart's career has spanned two long-running and very successful television shows and 14 movies. He has been honored with the distinction of being an

"American Master" in the PBS documentary of the same name and has won many awards including a Peabody Award, three Grammy Awards, several Emmy nominations, Mark Twain Prize for American Humor.

We will depart from the Village Center at 7 p.m. and return by 11 p.m. The cost of the trip, which includes a discounted Orchestra seat, transportation, and driver tip, is \$69. Residents may sign up immediately; nonresidents may sign up April 14. There are 24 tickets available.



The peerless Peer Gynt

Join us on **Thursday, June 5**, for an evening at the Kennedy Center when Vladimir Ashkenazy conducts the National Symphony Orchestra and The Master Chorale of Washington in Grieg's monumental *Peer Gynt*.

Soloists Inger Dam-Jensen, soprano, Magdalena Wor, mezzo-soprano, and Sergei Leiferkus, baritone, will perform *Peer Gynt*, Incidental Music to Ibsen's Drama, Op. 23.

The cost of the trip, which includes a discounted Orchestra seat, transportation, and driver gratuity, is \$99. We leave the Village Center at 6 p.m. and return around 10 p.m. Residents may sign up immediately; nonresidents may sign up April 14. The deadline to sign up is May 1. There are 21 tickets available.

CHILDREN'S PROGRAMS

Calling all artists (ages 6 to 10)

For three days only — **Monday, July 7 — Wednesday, July 9** — the Friendship Heights Village Center will host some of the top art teachers in the area. Children ages 6 to 10 will learn print making, Chinese brush, collage, and sculpture. In addition to art instruction, children will also learn songs and dances from noted local performer James Taylor. The camp takes place from 9:30 to 12:30 daily at the Village Center. The cost is \$125. This course is a modified version of the Art Camp at Strathmore and features some of the same teachers. Sign up immediately at the Village Center to ensure a space — this camp will fill up quickly. There are only 30 spaces available. Children must have completed kindergarten to qualify.



A Springtime Story

With songs and silliness, Barbara Papendorp brings to life the story of *The Bear Wakes Up* with a Saturday Storytime on **April 12 from 10:30 to 11:30 a.m.** Children 8 and under are invited to this free performance. Space is limited; children must be accompanied by a parent or guardian. Please call the Village Center at 301-656-2797 if you plan to attend. The deadline to sign up is Wednesday, April 9.



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the May issue is April 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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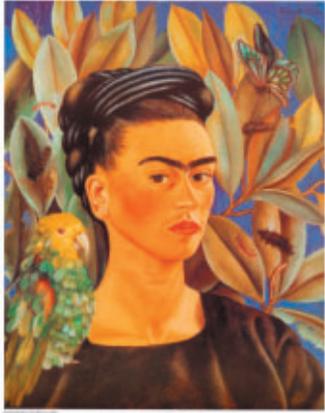
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ON the GO...



Frida Kahlo in Philadelphia

From 1926 until her death in 1954, the Mexican painter Frida Kahlo created striking, often shocking, images that reflected her turbulent life. In celebration of the 100th anniversary of the artist's birth, the Philadelphia Museum of Art has organized the

first major Kahlo exhibit in the U.S. in almost 15 years. We have secured 34 tickets for a private docent-led tour of this extraordinary exhibit on **Tuesday, April 29**. Since our tour will be conducted prior to the opening of the museum, we will have the exhibit virtually to ourselves.

Kahlo did not originally plan to become an artist.

continued on page 6

Tour a Maryland Treasure

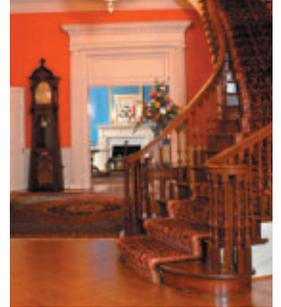
Join us as we visit Government House, the official residence of Maryland's current governor Martin O'Malley on **Wednesday, May 21**.

We'll depart from the Center at 9:15 a.m. and travel to Annapolis for a tour, lunch at Phillips Seafood, and free time along the waterfront.

Following our tour, we'll enjoy a crab cake or chicken sandwich, a cup of crab soup, french fries, cole slaw, non-alcoholic beverage, and chef's dessert of the day. You'll also have time to explore the quaint shops or just enjoy a spring day in this beautiful town.

The cost is \$59, which includes transportation, tour, lunch, and all taxes and gratuities.

Sign-ups for residents and guests begin immediately; non-residents April 10.



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Dee Dee Myers to speak at Center

Dee Dee Myers, the first woman ever to hold the job of White House press secretary, will discuss her book, *Why Women Should Rule the World*, at the Village Center on **Thursday, April 24, at 7:30 p.m.**

In her book, Ms. Myers blends memoir, social history, and a call to action to challenge us to imagine a future in which increasing numbers of women reach the top ranks of politics, business, science, and academia. "Women tend to be better communicators, better listeners, better at forming consensus," she argues.

Ms. Myers was the spokeswoman for Bill Clinton's 1992 presidential campaign and for nearly two years served as White House press secretary. She was later co-host of the CNBC talk show *Equal Time* and a consultant and contributor to NBC's *The West Wing*. She is a political commentator on NBC and MSNBC, a contributing editor to *Vanity Fair*, and a lecturer on politics and women's issues.

Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Please sign up in advance by calling the Village Center at 301-656-2797.

Bring a touch of springtime to your home

Mary Phillips Quinn of The Abundant Backyard returns to the Village Center to offer a two-hour workshop on creating a stunning springtime container garden on **Friday, April 18, from 10:30 a.m. to 12:30 p.m.** Mary incorporates a lifetime of gardening experience and a passion for using organic materials into her presentations. Participants receive hands-on instruction, a container, soil, and plants. The cost is \$40 per person. Space is limited. The deadline to sign up is April 11.

Tea and talk: Winston Churchill

Columnist and historian Bruce Kauffmann will give a lecture entitled "Winston Churchill: Man of the 20th Century" at the Village Center on **Friday, May 9, at 2 p.m.**

Mr. Kauffmann describes Churchill as being one of his history heroes and the person who, more than any other, saved Europe and the world from Nazi Germany.

Bruce Kauffmann's history articles appear in a number of magazines and newspapers nationwide. He was a speechwriter for Dan Rather, as well as the head writer for the CBS News radio program, "Dan Rather Reporting, News Analysis and Commentary." He has won several writing awards and citations from the Writer's Guild of America for radio news writing.

After the presentation, please stay for tea. Sign up for this free event by calling 301-656-2797.

Pelosi biographer to speak at Center

Marc Sandalow, political analyst and former Washington bureau chief for the San Francisco Chronicle, will discuss his book, *Madam Speaker: Nancy Pelosi's Life, Times, and Rise to Power*, at the Village Center on **Thursday, May 8, at 7:30 p.m.**

Nancy Pelosi, the first female Speaker of the House, is one of the most influential voices in Washington. Mr. Sandalow's book, the first biography of Speaker Pelosi, is an inside look at this intriguing political figure and her climb to power. It is based on hundreds of interviews with the Speaker herself, as well as family, friends, and colleagues.

Mr. Sandalow was the *San Francisco Chronicle's* Washington bureau chief for ten years. He appears as a political analyst on San Francisco's CBS affiliate (KPIX-TV) and on KCBS radio. He is the co-author of *Ballparks: A Panoramic History*.

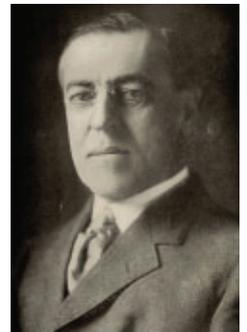
Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Please sign up in advance by calling the Village Center at 301-656-2797.

Tea and talk: Woodrow Wilson and WW1

History buff and popular speaker, Edward Fritz, will present a slide/lecture on President Woodrow Wilson on **Friday, April 25, at 1:30 p.m.**

Learn how this Princeton professor became one of the world's most celebrated dignitaries and Nobel Prize winner. Mr. Fritz will also discuss the world before WW1, the causes for the war, and the disastrous post war negotiations.

Mr. Fritz is a retired statistician who researches and gives talks on American and English history. After his presentation, please stay for tea. Sign up for this free event by calling 301-656-2797.



Last chance for tax assistance

Free tax assistance continues at the Friendship Heights Village Center for just two more weeks. Federal and Maryland tax counseling is offered on Fridays until **April 11 from 9 a.m. to noon and 1 to 4 p.m.** The IRS-AARP-Montgomery County tax program is available to anyone who has uncomplicated returns. An appointment is required; no walk-ins will be accepted. Please call 240-777-2577 between 9 a.m. and 3 p.m. weekdays to schedule an appointment.



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PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

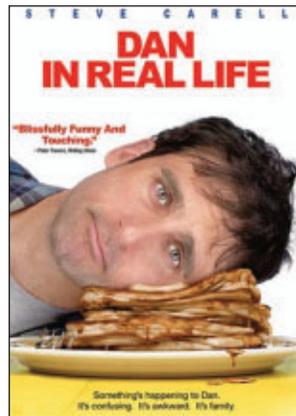
• Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.



Thursday, April 3 , 7 p.m.— Atonement — Nominated for seven Academy Awards, including Best Picture, *Atonement* tells the story of a British romance that spans several decades. Fledgling writer Briony Tallis, as a 13-year-old irrevocably changes the course of several lives when she accuses her older sister's lover of a crime he did not commit.

Directed by Joe Wright. Stars Keira Knightley, James McAvoy, and Romola Garai. Rated PG-13. Running Time: 123 minutes.

Thursday, April 10 , 7 p.m. — Dan in Real Life — Love strikes in the worst possible circumstances for widower, single dad and popular family advice columnist Dan Burns (Steve Carell) when he falls for a beautiful stranger (Juliette Binoche) in a bookshop -- only to



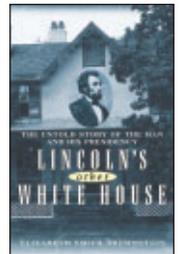
discover she's the very same woman his charismatic brother (Dane Cook) is about to introduce as his incredible new girlfriend at their parents' annual get-together. . Stars Steve Carrell, Juliette Binoche, and Dane Cook Rated PG. Running Time: 106 minutes.

Thursday, April 17 , 7 p.m. — Lecture — Eating for Energy — see page 13 for details.

Thursday, April 24 , 7:30 p.m., — Booksigning with Dee Dee Myers — see page 4 for details.

Exploring Lincoln's Other White House

Elizabeth Smith Brownstein, television researcher, producer, and author, will discuss the recently restored President Lincoln's Cottage at the Center on **Wednesday, April 2, 1:30 p.m.** Ms. Brownstein was authorized by the National Trust for Historic Preservation to write a book about the Cottage based on diaries, eyewitness accounts, and letters. The result was *Lincoln's Other White House*. The lecture is open to all, but will be of special interest to those joining us on our April 16 trip to the Cottage.



Frida, continued from page 3

A polio survivor, at 15 Kahlo entered the premedical program at the National Preparatory School in Mexico City. However, this training ended three years later when Kahlo was gravely hurt in a bus accident. She spent more than a year in bed, recovering from fractures of her back, collarbone, and ribs, as well as a shattered pelvis. Despite more than 30 subsequent operations, Kahlo spent the rest of her life in constant pain, finally succumbing to related complications at age 47.

During her convalescence Kahlo had begun to paint with oils. Her pictures, mostly self-portraits and still lifes, were deliberately naive, filled with the bright colors and flattened forms of the Mexican folk art she

loved. Kahlo enjoyed considerable success during the 1940s, but her reputation soared posthumously. In the last two decades an explosion of Kahlo-inspired films, plays, calendars, and jewelry has transformed the artist into a veritable cult figure.

Following our tour, you'll have time for lunch on your own at museum as well as time to explore other exhibits, including an extensive collection of photographs from Ansel Adams.

The cost of the trip, which includes transportation, private tour and all taxes and gratuities, is \$84.

Residents may sign up immediately at the Village Center; non-residents beginning April 10.

FRIENDSHIP GALLERY

Dolls and quilts on exhibit in Friendship Gallery



"Night Blooming"
by Ruth Cohen

Cloth & Chocolate, a Montgomery County group of quilters, and the G Street Doll Club will exhibit in the Friendship Gallery during the month of April.

The work of the G Street Doll Artists is nationally known and always a hit at the Village Center. These

dolls are very sophisticated works of art and all are delightful. Cloth & Chocolate (the name inspired by the two passions of the eight-member group) includes award-winning quilt artists and teachers from the region. The members each bring unique talents and ideas to the group that ranges in age from 34 to 75, but all share a common purpose: to expand the artistic aspects of quilt making and to learn from each other.

The show runs from April 2 to 29. All are invited to a reception to meet the artists on **Sunday, April 13, from 11:30 a.m. to 1:30 p.m.** They will talk a bit about their works at 12:30 p.m. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art in the auditorium is occasionally not available for viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.



"Garden Party" by Lee Fertitta, design by Anne Hesse.

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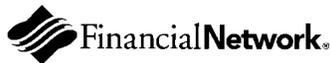


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Friendship Heights Village Center



Calendar of Events 2008

A P R I L

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

		<p>1</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Yoga 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>2</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Portraiture in Pencil and Pastel 1:30 p.m.: Lincoln's Other White House 7:30 p.m.: Concert: Silver Strings</p>	<p>3</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Atonement</p>	<p>4</p> <p>9:15 a.m.: Drop-in Tai Chi 10 a.m. – 3 p.m.: AARP Safe Driving 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p>5</p> <p>8:15 a.m.: Walking Club</p>	
<p>6</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>7</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Beginning Spanish 7 p.m.: Yoga 7 p.m.: Café Muse</p>	<p>8</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Yoga 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>9</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Suburban Lecture: Diagnosing Heart Disease 7:30 p.m.: Concert: Marc Gottlieb</p>	<p>10</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Homage to Beverly Sills 1 p.m.: Chinese Brush Painting 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7 p.m.: Movie: Dan in Real Life</p>	<p>11</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group</p>	<p>12</p> <p>8:15 a.m.: Walking Club 10:30 a.m.: Saturday Storytime</p>	
<p>13</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</p>	<p>14</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Resistance Training For Seniors 11:30 a.m.: Flexible Stretch And Strength 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Beginning Spanish 7 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING</p>	<p>15</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Yoga 12:30 p.m.: Vision Support Group 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>16</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Depart for Lincoln's Cottage 7:30 p.m.: Concert: Baltimore Mandolin Quartet</p>	<p>17</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6 p.m.: Scrabble 6:45 p.m.: Acrylic or Oil Painting 7:30 p.m.: "Eating for Energy"</p>	<p>18</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 10:30 a.m.- 12:30 p.m.: Container Garden Workshop 1 p.m.: Bridge Group 1 p.m.: Refresher Bridge 1 p.m.: Shingles Shots 3 p.m.: Advanced Bridge</p>	<p>19</p> <p>8:15 a.m.: Walking Club</p>	
<p>20</p> <p>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>21</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10 a.m. – 2 p.m.: MVA Bus 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Beginning Spanish 7 p.m.: Wisconsin Place Rec Center Meeting</p>	<p>22</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Yoga 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>23</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Friday Morning Music Club</p>	<p>24</p> <p>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6 p.m.: Scrabble 7:30 p.m.: Book Signing with Dee Dee Myers</p>	<p>25</p> <p>9:15 a.m.: Drop-in Tai Chi 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Strength Training with Cheryl 1 p.m.: Bridge Group 1 p.m.: Refresher Bridge 1:30 p.m.: History Lecture on Wilson 3 p.m.: Advanced Bridge</p>	<p>26</p> <p>8:15 a.m.: Walking Club</p>	
<p>27</p> <p>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</p>	<p>28</p> <p>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 1 p.m.: Strength Training with Tonya 1 p.m.: Bridge Group 2:30 p.m.: Drawing and Painting 6:30 p.m.: Beginning Spanish 7 p.m.: Yoga 7:30 p.m.: Book Signing with Judith Viorst</p>	<p>29</p> <p>7:30 a.m.: Depart for Frida Kahlo trip 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Yoga 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates</p>	<p>30</p> <p>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training with Tonya 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Seagar and Sison</p>	<p>Save the Date:</p> <p>Community Day Celebration</p> <p>Tuesday, May 13</p>			

Shuttle bus hours

Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.





CLASSES and CLUBS

**PREREGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.**

ART

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by award-winning artist and photographer Marianne Winter, begins April 2. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$65. Session ends May 14. There is no class on May 7.

STILL LIFE PAINTING

10-week course with noted artist Joan Samworth begins April 17. Class emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$145 for residents; \$150 for nonresidents. Last class is June 19.

BRIDGE

ADVANCED BRIDGE

A 5-week course for people who take their bridge seriously and wish to improve their bidding

(including modern conventions) and cardplay (including reading their opponents' cards). Begins April 18. Meets Fridays from 3 to 4:45 p.m. Cost is \$100. Session ends May 16. Instructor Steve Hogleund has taught bridge for 25 years at the Sulgrave Club, Chevy Chase Club, Metropolitan Club, Annunciation School, and, The Irene. Mr. Hogleund is happy to talk with anyone considering the class. Call the Center for his number or email him at Hogleundst@aol.com. Residents may sign up immediately; nonresidents may sign up March 8.

REFRESHER BRIDGE

A 5-week course for people who consider themselves "rusty" because they haven't played bridge for a while. Begins April 18. Meets Fridays from 1 to 2:45 p.m. Cost is \$100. Session ends May 16. Instructor is Steve Hogleund (see above). Residents may sign up immediately; nonresidents may sign up March 8.

EXERCISE AND FITNESS

MAT PILATES

A 6-week session begins April 22. Meets Tuesdays from 7 to 8 p.m. The cost is \$80 for residents and \$90 for nonresidents. Movements to improve balance, strength and flexibility. Not recommended for pregnant women or those with serious spinal conditions. Required equipment: Pilates/Yoga mat, large bath towel. Questions? E-mail –

Gingerrusteach@yahoo.com. Session ends June 3 (no class on May 13).

STRENGTH TRAINING WITH CHERYL

This 6-week session begins April 11. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65. Session ends May 16.

STRENGTH TRAINING WITH TONYA (MONDAY)

This 6-week session begins April 7. Meets Mondays, from 1 to 1:50 p.m. The class, taught by Tonya Walton, will focus on increasing your mobility, flexibility, balance, and overall strength. The cost is \$62. Session ends May 12.

STRENGTH TRAINING WITH TONYA (WEDNESDAY)

This 6-week session begins April 9. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, will focus on increasing your mobility, flexibility, balance, and overall strength. The cost is \$62. Session ends May 14.

TAI CHI (THURSDAY)

This 6-week session begins May 1. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends June 5. Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about this class.

TAI CHI (TUESDAY)

This 6-week session begins May 6. Meets Tuesdays from 9:30 to 10:30

a.m. The cost is \$40. Session ends June 10. Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about this class.

YOGA (WEEKDAY)

This new 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins April 1. Meets Tuesdays from 11 a.m. to 12:20 p.m. See description above. The cost is \$80 for residents and \$95 for non-residents. Session ends May 20.

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

CONCERTS

Free live music is presented every Wednesday throughout the year at 7:30 p.m. Check the calendar and concert page for each week's perfor-

mance information. No registration is required. All are welcome.

FHUN

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group is currently organizing events such as monthly Happy Hours, barbeques, and special evenings at local restaurants. For more information, check FHUN's website at www.fhun.net. This group is not affiliated with the Friendship Heights Village Council.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

SCRABBLE

This active group of Scrabble players meets at the Center Thursdays at 6 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

VILLAGE PLAY TIME

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.



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CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall.

Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering.

Wednesday, April 2 — Silver Stings — Audrey Maxwell leads the Silver Strings in a springtime performance of classical, romantic music.

Wednesday, April 9 — Marc Gottlieb — Violinist Marc Gottlieb came to the U.S. from his native Germany as a child and was enrolled in the Professional Children's School in New York and Juillard School of Music. He made his solo recital debut at 10 years of age and went on to become one of the most successful and best-known names in chamber music. He has appeared with such artists as Jaime Laredo and with Leonard Bernstein in the composer's violin and piano sonata.

Wednesday, April 16 — Baltimore Mandolin Quartet — The Quartet was founded in 1999 by members of the Baltimore Mandolin Orchestra in order to explore this little-known repertoire. In addition to bringing the works of past masters of the mandolin to modern audiences, their concerts feature new arrangements and original compositions by mandolinist Jonathan Jensen.

They have performed at many Baltimore/Washington D.C. area venues, including Strathmore Manor and George Washington University.

Wednesday, April 23 — Friday Morning Music Club — The Friday Morning Music Club's Young Performers Series features some of the area's most talented and promising student musicians.

Wednesday, April 30 — Seager and Sison — David Seager and Terisita Sison return to the Village Center for the 21st year for an evening duo piano performance.

REGENCY - CAB

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TO YOUR HEALTH

Diagnosing Heart Disease

Cardiologist Eva Hausner will lead a discussion on echocardiography and other non-invasive tests at this month's Suburban Health Lecture at the Village Center on **Wednesday, April 9, at 1 p.m.**

Dr. Hausner will discuss the signs and symptoms of heart problems and talk about preventive strategies. Additionally, she will describe the management of heart disease and available treatments, from diet and exercise to open heart surgery.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

Eating for Energy

If you're an active person, with a busy life, who wants to experience a greater feeling of well-being and energy, join this fun, interactive discussion at the Village Center with Melissa Klein on **Thursday, April 17 at 7:30 p.m.** We'll talk about ways to increase your energy with food and lifestyle choices to keep you flying high all day.

Melissa Klein, MPH, CHHC, is a Holistic Nutrition and Wellness Coach who helps individuals, organizations, and communities to find balance in attaining their ultimate health and wellness goals. She's the founder of Sun Compass Wellness (suncompass.net), dedicated to supporting people in attaining radiant health. Ms. Klein received her Master's degree in Public Health from The University of North Carolina at Chapel Hill and trained at the Institute for Integrative Nutrition. She is board-certified as a Holistic Health Counselor from Columbia University and the American Association of Drugless Practitioners.

This program was originally scheduled in January and canceled due to the weather. Please call 301-656-2797 to register.

Understanding Eye Medications

Welcome Howard Weiss, MD, ophthalmologist and glaucoma specialist, to the Village Center on **Tuesday April 15, at 12:30 p.m.**

Dr. Weiss will discuss various eye medications, side effects and possible drug interactions. Bring a bag lunch to the Low Vision Support Group co-sponsored by the Prevention of Blindness Society of Greater Washington. Beverage and dessert will be provided. Please call 301-656-2797 to register.

Village Hosts Informational Meeting on New County Recreation Facility

On **Monday, April 21, at 7 p.m.**, there will be a public meeting at the Village Center to provide information on the new recreation facility that will be part of the Wisconsin Place development currently under construction. The new facility will be run by the Montgomery County Department of Recreation. It is expected to open in the spring of 2009. It will be located on Friendship Boulevard between the Bloomingdale's store and the new residential building.

The Montgomery County Department of Recreation will host the meeting. Recreation Department staff will describe the layout of the new facility, the types of programs that will be offered, and can answer any questions you have. Please join us—refreshments will be provided.

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Cafe Muse presents...

This month's Café Muse, on **Monday, April 7, at 7 p.m.**, presents a reading by poets Anne Becker and Hedy Reid.

Anne Becker is the author of a chapbook, *The Good Body* and of *The Transmutation Notebooks: Poems in the Voices of Charles and Emma Darwin*. Her poems, reviews, and interviews have appeared in *Antioch Review*, *Southern Poetry Review*, *Gargoyle Magazine*, *Washington Review*, *Washington Jewish Week*, and others. She has developed a special poetry workshop, *Writing the Body*, for those who have experienced life-threatening and chronic illness, either as patients or caregivers. She is currently Poet Laureate of Takoma Park and teaches at the Writer's Center in Bethesda and in the Poets-in-the-Schools program. Her website is www.bodywriting.org.

Hedy Reid's chapbook, *A Far Cry*, was published in 2007. Her poems have appeared in, among others, *The Washingtonian*, *Antietam Review*, *The Southern Review*, and *Passager*. Her work also appears in several anthologies. She has taught workshops in Washington and New York and is a member of the Poetry Board of the Folger Shakespeare Library.

Café Muse opens at 7 p.m. with refreshments and classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m. Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years.



Program on opera legend Beverly Sills

Irving Nurik will discuss the contributions of the late Beverly Sills to the opera world and show clips from her performances on **Thursday, April 10, at 1 p.m.**

Beverly Sills, who died last July, was known to millions of people through her public performances, recordings and broadcasts. After retiring from singing in 1980, she became the general manager of the New York City Opera. In 1994, she became the Chairman of Lincoln Center and then, in 2002, of the Metropolitan Opera. Ms. Sills was also a popular TV performer and a top fundraiser for the arts and other causes.

Irv Nurik has attended and loved opera since he was a young child and now enjoys giving lectures on the subject. Please sign up for this program by calling 301-656-2797



Spring Dance and Champagne Toast

Tuesday, April 22nd • 6:30pm-8:00pm

Join us at Brighton Gardens of Friendship Heights as we welcome Spring with a dance and champagne toast! We're saying goodbye to old man winter with tropical champagne sorbets, mini rum-soaked babas, and fresh tropical crudités – all created by our celebrated Chef Barry and his brigade. Bring a friend and share in our celebration of spring as we dance the night away with entertainment by the Dale Jarrett Trio.

Enjoy refreshments, entertainment and door prize giveaways.

Tour our beautifully appointed community and meet our friendly residents and staff at what is sure to be a fun-filled evening.

RSVP to 301-656-1900 by April 14th



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Village Council Corner

Council Approves FY 2009 Village Budget

Following the second and final public hearing on the FY 2009 Village Budget on March 10, the Council unanimously approved the budget and tax rate. The tax rate will remain at 4 cents per \$100 assessed property value, maintaining the lowest rate allowed under our charter for the third year in a row.

We are pleased to be able to continue providing the services our residents have come to expect while still budgeting a surplus.

The budget is summarized below:

TOTAL REVENUES	\$2,052,000
EXPENDITURES	
General Government	1,061,400
Public Safety	122,000
Public Works	477,500
Health/Education/Social	27,000
Recreation and Parks	312,500
TOTAL OPERATING EXPEND.	\$2,000,400
Budgeted Surplus	51,600
TOTAL EXPENDITURES	\$2,052,000

Staff meets with Chinese officials

On March 4, Bob Shapiro and Julian Mansfield met with Xie You Shu and Xie Yaing, visiting professors from the Shanghai Managerial Vocational College for Trade Union. They came to learn how the U.S. is addressing the needs of its senior citizens. China is looking for ways to create additional services for an aging population and would like to develop and implement communities such as ours. We expect additional meetings and discussions to follow.



Council actions at the March 10 meeting:

- Held final public hearing on FY09 budget; approved budget and tax rate;
- Approved concept for new Center furniture;
- Approved fountain maintenance contract;
- Approved proposal for Village streetlights.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

April 2008 events calendar